

IAWA (UK) Bob Smith All Round Postal League 2016 – Leg 5 - compiled by Chris Bass.

1	Powerhouse1	Pete Tryner, James Gardner, Josh Davidson	963.7
2	Metamorfit1	Rory Hoad, Paul Barette, Clive Madge	939.6
3	Iron Clan	Philippe Crisp, Sam Hills, Nick Swain	902.7
4	Granby	Steve Andrews, Steve Sherwood, Daniel Andrews	887.1
5	Powerhouse2	Chloe Brennan, Webster Reid, Luke Davis	873.9
6	Powerhouse3	Steve Moss, Graham Saxton, Don Gardner	791.0
7	Powerhouse4	Lee Coton, Matt Jones, Chris Findon	745.5
8	Twyford Celts	Sonya Coles, Max Ell, Maddy Ell	701.1
9	Metamorfit2	Ryan Burchett, Gareth Edwards, Ian Thomas	675.9
10	Powerhouse5	Gary Redfern Smith, Paul Hallam, Karen Gardner	630.8
11	Metamorfit3	Ed Shorttle, Jenny Watson, Natalie Voce	593.4
12	Powerhouse6	Steve Gardner, Diane Baldrey, Luke Adams	563.6
13	Norn Iron	Roy McClean, Paul Cullen	483.4
14	Sunbury1	Trevor Evans, Jeff Luther	437.3
15	Powerhouse7	Josh Hulse	167.4
16	Metamorfit4	Kris Singh	116.3

Ranking of Lifters

1	Steve Andrews	361.7	22	Matt Jones	251.0
2	Philippe Crisp	354.4	23	Chris Findon	240.5
3	Rory Hoad	347.2	24	Ryan Burchett	230.3
4	Pete Tryner	335.1	25	Gary Redfern Smith	229.7
5	Steve Sherwood	322.0	26	Jeff Luther	227.9
6	James Gardner	317.3	27	Gareth Edwards	223.9
7	Josh Davidson	311.4	28	Ian Thomas	221.7
8	Paul Barette	303.1	29	Paul Cullen	221.2
9	Chloe Brennan	295.2	30	Ed Shorttle	217.1
10	Webster Reid	292.1	31	Trevor Evans	209.5
11	Clive Madge	289.4	32	Daniel Andrews	203.4
12	Luke Davis	286.7	33	Jenny Watson	203.1
13	Nick Swain	282.6	34	Paul Hallam	201.2
14	Max Ell	271.5	35	Karen Gardner	199.9
15	Maddy Ell	269.8	36	Steve Gardner	196.9
16	Steve Moss	265.9	37	Diane Baldrey	192.8
17	Sam Hills	265.8	38	Luke Adams	173.9
18	Graham Saxton	264.1	39	Natalie Voce	173.2
19	Roy McClean	262.3	40	Josh Hulse	167.4
20	Don Gardner	261.0	41	Sonya Coles	159.8
21	Lee Coton	254.0	42	Kris Singh	116.3

Ranking of Lifters per Lift & Record Breakers. Continental to Belt

Lifter	Age	%	Class	Kilos	Points
Steve Andrews1	55+	18	70	135.0	96.8
Rory Hoad1	Open	0	85	180.0	96.5
Pete Tryner	40+	4	90	180.0	95.4
Steve Sherwood1	65+	26	80	135.0	94.5
Paul Barette	40+	1	75	155.0▲	89.9
James Gardner	Open	0	100	185.0●	89.7
Josh Davidson	Open	0	120	200.0●	87.7
Chloe Brennan	Open	33	70	107.5●	86.6
Philippe Crisp	45+	8	110	165.0	82.7
Graham Saxton	50+	15	120	160.0▲	80.3
Luke Davis	Open	0	75	140.0	79.4
Steve Moss	Open	0	105	165.0	78.5
Clive Madge	65+	30	105	125.0▲	76.6
Matt Jones	Open	0	125+	180.0	75.6
Roy McClean1	40+	5	105	145.0	71.7
Webster Reid	40+	5	125+	175.0	69.7

▲ World Junior/Masters, ● World Open, ^{BR}British, ¹Single Ref Pullover & Push

Lifter	Age	%	Class	Kilos	Points
Steve Andrews1	55+	18	70	110.0	85.0
Philippe Crisp	45+	8	110	148.0▲	79.9
Pete Tryner	40+	4	90	135.0	77.1
James Gardner	Open	0	100	145.0	75.7
Rory Hoad1	Open	0	85	125.0	72.2
Josh Davidson	Open	0	120	150.0	70.9
Steve Sherwood1	65+	26	80	90.0	67.8
Don Gardner	50+	15	100	110.0BR	66.5
Matt Jones	Open	0	125+	145.0	65.6
Graham Saxton	50+	15	120	120.0▲	64.9
Luke Davis	Open	0	75	105.0	64.1
Steve Moss	Open	0	105	125.0	64.0
Sam Hills	55+	16	85	95.0	63.1
Nick Swain	50+	12	85	90.0	57.7
Gary Redfern Smith	40+	4	105	107.5	57.0
Chloe Brennan	Open	33	70	65.5●	56.9

Continental to Belt

Lifter	Age	%	Class	Kilos	Points
Don Gardner	50+	15	100	120.0BR	67.4
Chris Findon	Open	0	70	110.0	65.9
Nick Swain	50+	12	85	110.0	65.5
Paul Hallam	Open	0	90	120.0	61.0
Paul Cullen1	40+	3	125+	140.0	59.4
Gary Redfern Smith	40+	4	105	120.0	59.1
Max Ell1	18-19	36	45	50.0	57.6
Gareth Edwards1	Open	0	90	110.0	56.7
Ian Thomas	Open	0	80	100.0	56.0
Jeff Luther1	60+	22	70	77.5	55.8
Maddy Ell1	Open	33	55	56.0	55.5
Ryan Burchett1	Open	0	110	120.0	55.4
Daniel Andrews	Open	0	80	95.0	53.4
Sam Hills	55+	16	85	85.0	52.4
Steve Gardner	55+	21	125+	100.0BR	48.1
Trevor Evans1	70+	40	85	62.5	47.4
Lee Coton	40+	1	95	95.0	47.2
Diane Baldrey	50+	46	75	55.0▲	46.9
Ed Shorttle	60+	21	85	70.01	45.3
Jenny Watson1	50+	44	65	47.5	44.1
Luke Adams	18-19	3	105	90.0▲	43.6
Karen Gardner	55+	52	80	50.0▲	42.8
Josh Hulse	13&U	33	65	45.0▲	39.0
Natalie Voce1	Open	33	85	50.0	35.2
Sonya Coles1	Open	33	85	50.0	34.8
Kris Singh1	Open	0	95	0.0	0.0

Pullover & Push

Lifter	Age	%	Class	Kilos	Points
Max Ell1	18-19	36	45	45.4	56.3
Kris Singh1	Open	0	95	105.0	56.0
Webster Reid	40+	5	125+	130.0	55.8
Lee Coton	40+	1	95	100.0	53.5
Clive Madge	65+	30	105	80.0BR	52.8
Paul Barette	40+	1	75	82.5	51.5
Maddy Ell1	Open	33	55	45.4	48.5
Chris Findon	Open	0	70	75.0	48.4
Ian Thomas	Open	0	80	77.5	46.7
Jeff Luther1	60+	22	70	59.1	45.9
Ryan Burchett1	Open	0	110	90.0	44.7
Karen Gardner	55+	52	80	47.5▲	43.8
Daniel Andrews	Open	0	80	70.0	42.4
Steve Gardner	55+	21	125+	80.0▲	41.5
Trevor Evans1	70+	40	85	49.1	40.1
Natalie Voce1	Open	33	85	52.5	39.8
Jenny Watson1	50+	44	65	39.5	39.5
Paul Hallam	Open	0	90	70.0	38.3
Diane Baldrey	50+	46	75	40.5▲	37.2
Luke Adams	18-19	3	105	70.0▲	36.5
Ed Shorttle	60+	21	85	50.01	34.8
Gareth Edwards1	Open	0	90	60.0	33.3
Sonya Coles1	Open	33	85	42.9	32.2
Roy McClean1	40+	5	105	60.0	32.0
Josh Hulse	13&U	33	65	32.5	30.3
Paul Cullen1	40+	3	125+	60.0	27.4

2H Straddle Deadlift

Lifter	Age	%	Class	Kilos	Points
Pete Tryner	40+	4	90	290.0▲●	107.2
Paul Barette	40+	1	75	225.0BR	91.0
Rory Hoad1	Open	0	85	240.0	89.8
Philippe Crisp	45+	8	110	243.0BR	84.9
Josh Davidson	Open	0	120	275.0	84.1
Webster Reid	40+	5	125+	300.0▲●	83.3
Steve Sherwood1	65+	26	80	165.0	80.5
Chloe Brennan	Open	33	70	132.5	74.5
Steve Andrews1	55+	18	70	147.5	73.8
Roy McClean1	40+	5	105	210.0	72.5
Max Ell1	18-19	36	45	90.0	72.3
Ed Shorttle	60+	21	85	160.01	72.2
James Gardner	Open	0	100	212.5	71.8
Maddy Ell1	Open	33	55	102.5	70.9
Gareth Edwards1	Open	0	90	185.0	66.5
Graham Saxton	50+	15	120	190.0	66.5
Sam Hills	55+	16	85	150.0	64.5
Luke Davis	Open	0	75	162.5	64.2
Clive Madge	65+	30	105	150.01	64.1
Chris Findon	Open	0	70	152.5	63.7
Lee Coton	40+	1	95	180.0	62.4
Matt Jones	Open	0	125+	212.5	62.3
Nick Swain	50+	12	85	147.0	61.0
Ian Thomas	Open	0	80	155.01	60.5
Don Gardner	50+	15	100	150.0BR	58.7
Ryan Burchett1	Open	0	110	180.0	57.9
Steve Moss	Open	0	105	172.5	57.2
Diane Baldrey	50+	46	75	95.5▲	56.8
Karen Gardner	55+	52	80	90.0▲	53.7
Paul Hallam	Open	0	90	150.0	53.2
Luke Adams	18-19	3	105	152.5BR	51.5
Jeff Luther1	60+	22	70	100.4	50.4
Natalie Voce1	Open	33	85	100.0	49.1
Daniel Andrews	Open	0	80	125.0	49.0

Power Row

Lifter	Age	%	Class	Kilos	Points
Philippe Crisp	45+	8	110	122.5BR	106.9
Steve Andrews1	55+	18	70	85.0	106.1
Nick Swain	50+	12	85	95.0▲	98.4
Clive Madge	65+	30	105	90.01	96.0
Paul Cullen1	40+	3	125+	130.0	95.9
Maddy Ell1	Open	33	55	55.0	94.9
Lee Coton	40+	1	95	105.0▲	90.837
Rory Hoad1	Open	0	85	95.0	88.7
Roy McClean1	40+	5	105	100.0	86.1
Sam Hills	55+	16	85	80.0▲	85.8
Max Ell1	18-19	36	45	42.5	85.2
Webster Reid	40+	5	125+	120.0BR	83.2
James Gardner	Open	0	100	95.0	80.1
Trevor Evans1	70+	40	85	60.4	79.7
Steve Sherwood1	65+	26	80	65.0	79.2
Luke Davis	Open	0	75	80.0●	78.9
Chloe Brennan	Open	33	70	55.0BR	77.2
Jeff Luther1	60+	22	70	60.4	75.7
Jenny Watson1	50+	44	65	45.0	72.7
Ryan Burchett1	Open	0	110	90.0	72.3
Gary Redfern Smith	40+	4	105	82.5▲	70.7
Paul Barette	40+	1	75	70.01	70.7
Josh Davidson	Open	0	120	90.0	68.7
Don Gardner	50+	15	100	70.0▲	68.4
Gareth Edwards1	Open	0	90	75.01	67.3
Steve Gardner	55+	21	125+	80.0▲	67.0
Steve Moss	Open	0	105	80.0	66.2
Ed Shorttle	60+	21	85	57.5▲	64.8
Chris Findon	Open	0	70	60.0	62.5
Kris Singh1	Open	0	95	70.0	60.3
Karen Gardner	55+	52	80	40.0▲	59.6
Daniel Andrews	Open	0	80	60.0	58.7
Ian Thomas	Open	0	80	60.01	58.5
Pete Tryner	40+	4	90	60.0	55.4

2H Straddle Deadlift

2H Straddle Deadlift						Power Row					
Lifter	Age	%	Class	Kilos	Points	Lifter	Age	%	Class	Kilos	Points
Jenny Watson1	50+	44	65	72.5	46.9	Josh Hulse	13&U	33	65	35.0	52.8
Josh Hulse	13&U	33	65	75.0	45.3	Graham Saxton	50+	15	120	60.0▲	52.4
Sonya Coles1	Open	33	85	90.0	43.7	Diane Baldrey	50+	46	75	35.0	51.9
Gary Redfern Smith	40+	4	105	125.0	42.9	Natalie Voce1	Open	33	85	40.0	49.0
Trevor Evans1	70+	40	85	80.0	42.3	Sonya Coles1	Open	33	85	40.4	49.0
Steve Gardner	55+	21	125+	120.0	40.3	Paul Hallam	Open	0	90	55.0	48.7
Paul Cullen1	40+	3	125+	130.0	38.4	Matt Jones	Open	0	125+	65.0	47.5
Kris Singh1	Open	0	95	0.0	0.0	Luke Adams	18-19	3	105	50.0▲	42.2

Ranking of Teams after Legs 1+2+3+4+5.

1	Powerhouse1	James Gardner, Josh Davidson, Webster Reid	4742.0
2	Metamorfit1	Rory Hoad, Clive Madge, Ryan Burchett	4604.3
3	Granby	Steve Andrews, Steve Sherwood, Mark Shaw, Daniel Andrews	4469.0
4	Powerhouse2	Pete Tryner, Luke Davis, Lee Coton	4213.3
5	Powerhouse3	Matt Jones, Chloe Brennan, Chris Findon	3748.7
6	Metamorfit2	Paul Barette, Gareth Edwards, Ed Shorttle	3448.2
7	Powerhouse4	Don Gardner, Gary Redfern Smith, Graham Saxton	3423.4
8	Iron Clan	Philippe Crisp, Sam Hills, Nick Swain	3228.4
9	Metamorfit3	Jenny Watson Ian Thomas, Steven Mephram,	3098.5
10	Powerhouse5	Paula Thompson, Karen Gardner, Diane Baldrey	3006.4
11	Powerhouse6	Mark Haydock, Steve Moss, Mandy Hughes	2518.6
12	Twyford Celts	Sonya Coles, Max Ell, Maddy Ell	2444.4
13	Metamorfit4	Natalie Voce, Charlotte Boniface, Brian Heyburn	2295.7
14	Sunbury1	Trevor Evans, Jeff Luther	1665.1
15	Powerhouse7	Nic Porter, Paul Hallam, Nic Robinson	1062.2
16	Metamorfit5	Kris Singh, Elizabeth Edwards, Chris Powell	492.1
17	Norn Iron	Roy McClean, Paul Cullen	483.4

Ranking of Lifters after Legs 1+2+3+4+5

1	Philippe Crisp	1745.2	28	Maddy Ell	907.1
2	Steve Andrews	1694.9	29	Jeff Luther	903.9
3	Steve Sherwood	1657.2	30	Karen Gardner	865.9
4	Rory Hoad	1602.2	31	Natalie Voce	846.4
5	Clive Madge	1596.9	32	Diane Baldrey	802.4
6	James Gardner	1509.5	33	Trevor Evans	761.3
7	Josh Davidson	1502.8	34	Charlotte Boniface	748.4
8	Webster Reid	1460.6	35	Josh Hulse	741.5
9	Pete Tryner	1453.1	36	Mark Haydock	719.2
10	Luke Davis	1395.5	37	Mark Shaw	691.4
11	Sam Hills	1364.3	38	Brian Heyburn	660.7
12	Lee Coton	1341.1	39	Steve Moss	608.3
13	Matt Jones	1245.5	40	Mandy Hughes	593.3
14	Chloe Brennan	1243.3	41	Sonya Coles	586.4
15	Ryan Burchett	1170.9	42	Kris Singh	518.3
16	Paul Barette	1166.1	43	Nick Swain	457.4
17	Chris Findon	1156.2	44	Daniel Andrews	425.6
18	Don Gardner	1142.0	45	Nic Porter	407.5
19	Gareth Edwards	1131.9	46	Paul Hallam	378.5
20	Ed Shorttle	1124.1	47	Elizabeth Edwards	371.9
21	Gary Redfern Smith	1111.1	48	Nic Robinson	358.1
22	Graham Saxton	1075.0	49	Mark Bowles	319.0
23	Jenny Watson	962.6	50	Roy McClean	262.3
24	Max Ell	950.9	51	Chris Powell	238.0
25	Ian Thomas	950.7	52	Paul Cullen	221.2
26	Steven Mephram	918.9	53	Steve Gardner	196.9
27	Paula Thompson	914.3	54	Luke Adams	173.9

Here's the Leg 5 results with 42 lifters and 16 teams. Welcome to Roy McClean & Paul Cullen from team Norn Iron from Northern Ireland.

Recognition to Steve Andrews, Rory Hoad & Pete Tryner for the top 3 in the Clean; Steve Andrews, Phil Crisp & Pete Tryner for top 3 in the Push; , Pete Tryner, Paul Barette & Rory Hoad for the top 3 in the Straddle; Phil Crisp, Steve Andrews & Nick Swain top 3 in Row.

Top 3 teams of this leg were Powerhouse1, Metamorfit1 & Iron Clan, but Powerhouse1, Metamorfit1 & Granby continues to remain in the top 3 teams overall. Individually overall, Phil Crisp is 1st but Steve Andrews has moved back into 2nd pushing Steve Sherwood back into 3rd place.

We now wait to see if these positions are maintained in final leg of 2016.

