

Ranking of Teams – Leg 6

1	Powerhouse1	Pete Tryner, Josh Davidson, James Gardner	1004.3
2	Granby	Steve Andrews, Steve Sherwood, Mark Godleman	998.7
3	Metamorfit1	Clive Madge, Rory Hoad, Gareth Edwards	949.5
4	Powerhouse2	Luke Davis, Chloe Brennan, Matt Jones	862.1
5	Powerhouse3	Chris Findon, Don Gardner, Gary Redfern Smith	780.5
6	Powerhouse4	Paul Hallam, Graham Saxton, Karen Gardner	731.6
7	Twyford Celts	Sonya Coles, Max Ell, Maddy Ell	716.7
8	Metamorfit2	Ryan Burchett, Paul Barette, Ed Shorttle	712.5
9	Powerhouse5	Steve Moss, Diane Baldrey, Josh Hulse	591.5
10	Iron Clan	Philippe Crisp, Nick Swain,	467.4
11	Metamorfit3	Natalie Voce, Ian Thomas, Jenny Watson	409.3

Ranking of Teams after Legs 1+2+3+4+5+6.

1	Powerhouse1	Josh Davidson, Pete Tryner, James Gardner	5746.3
2	Metamorfit1	Clive Madge, Rory Hoad, Ryan Burchett	5553.8
3	Granby	Steve Andrews, Steve Sherwood, Mark Godleman	5467.8
4	Powerhouse2	Luke Davis, Chloe Brennan, Matt Jones	5075.4
5	Powerhouse3	Webster Reid, Chris Findon, Don Gardner	4529.2
6	Metamorfit2	Gareth Edwards, Paul Barette, Ed Shorttle	4160.8
7	Powerhouse4	Gary Redfern Smith, Lee Coton	4155.0
8	Iron Clan	Philippe Crisp, Nick Swain, Sam Hills	3695.8
9	Powerhouse5	Graham Saxton, Karen Gardner, Diane Baldrey	3597.9
10	Metamorfit3	Jenny Watson, Ian Thomas, Natalie Voce	3507.8
11	Twyford Celts	Max Ell, Maddy Ell, Sonya Coles	3161.0
12	Powerhouse6	Josh Hulse, Paula Thompson, Steve Moss	2518.6
13	Metamorfit4	Steven Mephram, Charlotte Boniface, Brian Heyburn	2295.7
14	Sunbury1	Jeff Luther, Trevor Evans	1665.1
15	Powerhouse7	Mark Haydock, Paul Hallam, Mandy Hughes	1062.2
16	Metamorfit5	Kris Singh, Elizabeth Edwards, Chris Powell	492.1
17	Norn Iron	Roy McClean, Paul Cullen	483.4

Ranking of Lifters – Leg 6

1	Pete Tryner	373.7	17	Don Gardner	261.2
2	Steve Andrews	347.5	18	Gary Redfern Smith	255.3
3	Clive Madge	343.2	19	Ryan Burchett	254.6
4	Steve Sherwood	342.3	20	Paul Hallam	248.9
5	Rory Hoad	331.6	21	Graham Saxton	247.0
6	Philippe Crisp	329.7	22	Karen Gardner	235.7
7	Josh Davidson	329.1	23	Paul Barette	229.5
8	Mark Godleman	308.9	24	Ed Shorttle	228.4
9	James Gardner	301.4	25	Steve Moss	218.4
10	Luke Davis	297.0	26	Diane Baldrey	197.2
11	Chloe Brennan	286.5	27	Natalie Voce	196.6
12	Matt Jones	278.6	28	Sonya Coles	180.8
13	Gareth Edwards	274.6	29	Josh Hulse	175.9
14	Maddy Ell	270.7	30	Nick Swain	137.7
15	Max Ell	265.2	31	Ian Thomas	111.8
16	Chris Findon	264.0	32	Jenny Watson	100.9

Ranking of Lifters after Legs 1+2+3+4+5+6

1	Philippe Crisp	2074.9	4	Clive Madge	1940.1
2	Steve Andrews	2042.4	5	Rory Hoad	1933.8
3	Steve Sherwood	1999.5	6	Josh Davidson	1832.0

Ranking of Lifters after Legs 1+2+3+4+5+6 - continued

7	Pete Tryner	1826.8	32	Paula Thompson	914.3
8	James Gardner	1811.0	33	Jeff Luther	903.9
9	Luke Davis	1692.6	34	Steve Moss	826.6
10	Chloe Brennan	1529.8	35	Sonya Coles	767.2
11	Matt Jones	1524.1	36	Trevor Evans	761.3
12	Webster Reid	1460.6	37	Charlotte Boniface	748.4
13	Ryan Burchett	1425.5	38	Mark Haydock	719.2
14	Chris Findon	1420.2	39	Mark Shaw	691.4
15	Gareth Edwards	1406.5	40	Brian Heyburn	660.7
16	Don Gardner	1403.2	41	Paul Hallam	627.4
17	Paul Barette	1395.6	42	Nick Swain	595.1
18	Gary Redfern Smith	1366.4	43	Mandy Hughes	593.3
19	Sam Hills	1364.3	44	Kris Singh	518.3
20	Ed Shorttle	1352.6	45	Daniel Andrews	425.6
21	Lee Coton	1341.1	46	Nic Porter	407.5
22	Graham Saxton	1322.0	47	Elizabeth Edwards	371.9
23	Max Ell	1216.1	48	Nic Robinson	358.1
24	Maddy Ell	1177.8	49	Mark Bowles	319.0
25	Karen Gardner	1101.5	50	Mark Godleman	308.9
26	Jenny Watson	1063.5	51	Roy McClean	262.3
27	Ian Thomas	1062.5	52	Chris Powell	238.0
28	Natalie Voce	1043.0	53	Paul Cullen	221.2
29	Diane Baldrey	999.7	54	Steve Gardner	196.9
30	Steven Mephram	918.9	55	Luke Adams	173.9
31	Josh Hulse	917.4			

Ranking of Lifters per Lift & Record Breakers.

▲ World Junior/Masters, ● World Open, ^{BR}British
¹ Single Referee

Continental Clean

Lifter	Age	%	Class	Kilos	Points
Pete Tryner	40+	4	85	127.5▲	88.7
Steve Sherwood	65+	26	80	97.5▲	85.6
Rory Hoad ¹	Open	0	85	120.0	81.7
James Gardner	Open	0	100	130.0	79.9
Steve Andrews ¹	55+	18	70	85.0	77.8
Chloe Brennan	Open	33	70	75.0	77.0
Philippe Crisp	45+	8	105	118.0	76.0
Clive Madge	65+	30	105	97.5	75.7
Luke Davis	Open	0	75	105.0	75.7
Max Ell ¹	18-19	36	10	50.4	74.3
Mark Godleman	50+	15	105	105.0	73.3
Josh Davidson	Open	0	120	130.0	72.8
Matt Jones	Open	0	125+	130.0	69.8
Maddy Ell ¹	Open	33	55	55.0	69.5
Gareth Edwards ¹	Open	0	85	100.0	67.7
Don Gardner	50+	15	100	90.0	64.6
Ryan Burchett ¹	Open	0	110	105.0	61.8
Paul Hallam	Open	0	90	90.0	58.7
Graham Saxton	50+	15	120	90.0▲	57.6
Chris Findon	Open	0	70	75.0	57.2
Gary Redfern Smith	40+	4	105	90.0	56.3
Nick Swain	50+	12	85	74.0	56.1
Paul Barette ¹	40+	1	80	77.5	54.9
Ian Thomas	Open	0	80	70.0	49.1
Karen Gardner	55+	52	80	45.0	48.9
Steve Moss	Open	0	105	80.0	48.2
Ed Shorttle ¹	60+	21	80	55.0	46.8

Alternate Grip Press

Lifter	Age	%	Class	Kilos	Points
Pete Tryner	40+	4	85	82.5	107.9
Steve Andrews ¹	55+	18	70	62.5	107.5
Clive Madge	65+	30	105	70.0▲	102.2
Rory Hoad ¹	Open	0	85	75.0	96.1
Steve Sherwood	65+	26	80	57.5▲	94.9
Josh Davidson	Open	0	120	90.0●	94.8
Philippe Crisp	45+	8	105	75.5	91.4
Matt Jones	Open	0	125+	85.0 ^{BR}	85.8
Luke Davis	Open	0	75	60.0	81.3
James Gardner	Open	0	100	70.0	80.9
Gary Redfern Smith	40+	4	105	67.5	79.4
Gareth Edwards ¹	Open	0	85	60.01	76.4
Mark Godleman	50+	15	105	57.5▲	75.5
Ryan Burchett ¹	Open	0	110	65.0	71.9
Chloe Brennan	Open	33	70	35.0●	67.5
Don Gardner	50+	15	100	50.0	67.5
Paul Barette ¹	40+	1	80	50.0	66.6
Chris Findon	Open	0	70	45.0	64.5
Ed Shorttle ¹	60+	21	80	40.0	64.0
Graham Saxton	50+	15	120	52.5▲	63.1
Ian Thomas	Open	0	80	47.5	62.7
Max Ell ¹	18-19	36	10	22.5	62.4
Paul Hallam	Open	0	90	50.0	61.3
Maddy Ell ¹	Open	33	55	25.4	60.4
Natalie Voce ¹	Open	33	85	35.0	58.8
Karen Gardner	55+	52	80	27.5	56.2
Steve Moss	Open	0	105	45.0	51.0

Ranking of Lifters per Lift & Record Breakers.

▲ World Junior/Masters, ● World Open, ^{BR} British
¹ Single Referee

Continental Clean

Lifter	Age	%	Class	Kilos	Points
Diane Baldrey	50+	46	75	42.5	45.8
Sonya Coles1	Open	33	90	50.0	44.1
Josh Hulse	13&U	33	65	35.0	38.4
Natalie Voce1	Open	33	85	42.5	38.0
Jenny Watson1	50+	44	60	11.0	13.3

Alternate Grip Press

Lifter	Age	%	Class	Kilos	Points
Sonya Coles1	Open	33	90	30.4	50.4
Josh Hulse	13&U	33	65	22.5▲	46.4
Diane Baldrey	50+	46	75	22.5	45.6
Jenny Watson1	50+	44	60	6.0	13.6
Sonya Coles1	Open	33	90	30.4	50.4

2H Ciavattone

Lifter	Age	%	Class	Kilos	Points
Pete Tryner	40+	4	85	217.5▲●	109.9
Steve Sherwood	65+	26	80	160.0	102.0
Steve Andrews1	55+	18	70	150.0	99.8
Josh Davidson	Open	0	120	240.0●	97.7
Clive Madge	65+	30	105	160.01	90.3
Chloe Brennan	Open	33	70	120.0●	89.5
Mark Godleman	50+	15	105	175.0 ^{BR}	88.7
Chris Findon	Open	0	70	155.0	85.9
James Gardner	Open	0	100	190.0	84.8
Rory Hoad1	Open	0	85	170.0	84.1
Nick Swain	50+	12	85	148.0	81.6
Graham Saxton	50+	15	120	170.0	79.0
Luke Davis	Open	0	75	150.0	78.6
Max Ell1	18-19	36	10	72.9	78.1
Philippe Crisp	45+	8	105	165.5	77.4
Maddy Ell1	Open	33	55	82.9	76.1
Karen Gardner	55+	52	80	95.0	75.0
Ed Shorttle1	60+	21	80	120.0	74.2
Matt Jones	Open	0	125+	190.0	74.1
Paul Hallam	Open	0	90	155.0	73.4
Steve Moss	Open	0	105	162.5	71.2
Gareth Edwards1	Open	0	85	140.01	68.9
Don Gardner	50+	15	100	130.0 ^{BR}	67.8
Diane Baldrey	50+	46	75	85.0	66.6
Ryan Burchett1	Open	0	110	150.0	64.1
Gary Redfern Smith	40+	4	105	130.0 ^{BR}	59.1
Natalie Voce1	Open	33	85	85.0	55.2
Josh Hulse	13&U	33	65	67.5	53.8
Paul Barette1	40+	1	80	100.0	51.5
Sonya Coles1	Open	33	90	80.0	51.3
Jenny Watson1	50+	44	60	50.0	43.8

Reverse Curl

Lifter	Age	%	Class	Kilos	Points
Philippe Crisp	45+	8	105	58.0	84.9
Clive Madge	65+	30	105	42.51	75.1
Mark Godleman	50+	15	105	45.0▲	71.4
Rory Hoad1	Open	0	85	45.0	69.7
Pete Tryner	40+	4	85	42.5	67.2
Maddy Ell1	Open	33	55	22.5	64.7
Josh Davidson	Open	0	120	50.0	63.7
Steve Andrews1	55+	18	70	30.0	62.4
Gareth Edwards1	Open	0	85	40.01	61.6
Luke Davis	Open	0	75	37.5	61.5
Don Gardner	50+	15	100	37.5▲	61.2
Gary Redfern Smith	40+	4	105	42.5 ^{BR}	60.5
Steve Sherwood	65+	26	80	30.0	59.9
Ryan Burchett1	Open	0	110	42.5	56.9
Paul Barette1	40+	1	80	35.0	56.4
Chris Findon	Open	0	70	32.5	56.4
James Gardner	Open	0	100	40.0	55.9
Karen Gardner	55+	52	80	22.5	55.6
Paul Hallam	Open	0	90	37.5	55.6
Chloe Brennan	Open	33	70	22.5	52.5
Max Ell1	18-19	36	10	15.0	50.3
Matt Jones	Open	0	125+	40.0	48.8
Steve Moss	Open	0	105	35.0	48.0
Graham Saxton	50+	15	120	32.5▲	47.3
Natalie Voce1	Open	33	85	22.0	44.7
Ed Shorttle1	60+	21	80	22.5	43.5
Diane Baldrey	50+	46	75	16.0▲	39.2
Josh Hulse	13&U	33	65	15.0▲	37.4
Sonya Coles1	Open	33	90	17.5	35.1
Jenny Watson1	50+	44	60	11.0	30.2
Philippe Crisp	45+	8	105	58.0	84.9

Here's the roundup of the results 2016:

Well done to Pete Tryner, Steve Andrews & Clive Madge for being the top 3 lifters in this the final leg. Pete Tryner, Steve Sherwood & Rory Hoad were the first 3 in the Clean; Pete Tryner, Steve Andrews, & Clive Madge were the first 3 in Press; Pete Tryner Steve Sherwood, & Steve Andrews were the first 3 in the Ciavattone; Phil Crisp, Clive Madge & Mark Godleman were the first 3 in the Curl.

Overall for the year: Phil Crisp was the top lifter for 2016 - well done also to Steve Andrews on coming second and Steve Sherwood third. Top team this year was with Powerhouse1, followed by Metamorfit1 & Granby Grippers coming in third. I must also congratulate Chloe Brennan for being top

ladies lifter & overall 10th. And finally well done to everyone else & thanks for lifting throughout the year.

Final Rankings of the 2016 All round Scheme.

1	Philippe Crisp	24	British Open & 45+, 110k class & Top All Rounder
2	Steve Andrews	24	British Open & 55+, 70k class Best All Rounder
3	Steve Sherwood	24	British Open & 65+, 80k class Best All Rounder
4	Clive Madge	24	British Open & 65+, 105k class Best All Rounder
5	Roary Hoad	24	British Open, 85k class Best All Rounder
6	Josh Davidson	20	British Open 120k class Best All Rounder
7	Pete Tryner	24	British Open & 40+, 95k class Best All Rounder
8	James Gardner	24	British Open, 100k class Best All Rounder
9	Luke Davis	24	British Open, 75k class Best All Rounder
10	Chloe Brennan	24	British Ladies Open, 70k class Top All Rounder
11	Matt Jones	24	British Open, 125+k class Best All Rounder
12	Webster Reid	20	British 40+, 125+k class Best All Rounder
13	Ryan Burchett	24	British Open, 115k class Best All Rounder
14	Chris Findon	24	Runner up Open, 70k class Best All Rounder
15	Gareth Edwards	24	British Open, 90k class Best All Rounder
16	Don Gardner	24	British 50+, 100k class & Best All Rounder
17	Paul Barette	24	British Open & 40+, 75k class Best All Rounder
18	Gary Redfern Smith	24	British Open & 40+, 105k class Best All Rounder
19	Sam Hills	20	British 55+, 85k class Best All Rounder
20	Ed Shorttle	24	British 60+, 80k class Best All Rounder
21	Lee Coton	20	Runner up 40+, 95k class Best All Rounder
22	Graham Saxton	24	British 50+, 120k class Best All Rounder
23	Max Ell	20	British Ladies Open & 19 yrs, 45k class Best All Rounder
24	Maddy Ell	20	British Ladies Open, 55k class Best All Rounder
25	Karen Gardner	24	British Ladies Open, 55+, 80k class Best All Rounder
26	Jenny Watson	24	British Ladies Open & 50+, 60k class Best All Rounder
27	Ian Thomas	21	Runner up Open, 75k class Best All Rounder
28	Natalie Voce	24	British Ladies Open, 90k class Best All Rounder
29	Diane Baldrey	24	British Ladies Open, 50+, 75k class Best All Rounder
30	Steven Mephram	16	Runner up Open, 100k class Best All Rounder
31	Josh Hulse	24	British 13 yrs, 75k class Best All Rounder
32	Paula Thompson	16	British Ladies 40+, 55k class Top All Rounder
33	Jeff Luther	16	British 60+, 70k class Best All Rounder
34	Steve Moss	16	Runner up Open, 105k class Best All Rounder
35	Sonja Coles	20	British Ladies Open, 90k class Best All Rounder
36	Trevor Evans	20	British 70+, 80k class Best All Rounder
37	Charlotte Boniface	16	British Ladies Open, 70k class Best All Rounder
38	Mark Haydock	8	British 40+, 110k class All Rounder – 8 lifts
39	Mark Shaw	12	Runner up 55+, 85k class Best All Rounder
40	Brian Heyburn	4	British Open, 80k class All Rounder 4 lifts
41	Paul Hallam	12	Runner up Open, 90k class Best All Rounder
42	Nick Swain	13	British Runner up 50+, 85k class Best All Rounder
43	Mandy Hughes	12	Runner up Ladies Open, 90k class Best All Rounder
44	Kris Singh	11	British Open, 100k class All Rounder – 11 lifts
45	Daniel Andrews	4	British Open, 80k class All Rounder - 4 lifts
46	Nic Porter	8	British Open, 75k class All Rounder - 8 lifts
47	Elizabeth Edwards	8	British Ladies Open, 60k class All Rounder - 8 lifts
48	Nic Robinson	8	British Open, 90k class All Rounder - 8 lifts
49	Mark Bowles	8	British Open, 125+k class All Rounder - 8 lifts
50	Mark Godleman	4	British 50+, 105k class All Rounder 4 lifts

Final Rankings of the 2016 All round Scheme - continued.

51	Roy McClean	4	British 40+, 105k class All Rounder 4 lifts
52	Chris Powell	4	British 40+, 95k class All Rounder 4 lifts
53	Paul Cullen	4	British 40, 125+k class All Rounder - 4 lifts
54	Steve Gardner	4	British 60, 125+k class All Rounder - 4 lifts
55	Luke Adams	4	British 19 yrs, 105k class All Rounder - 4 lifts

If you qualify for an award (**12 lifts or more**) and want one then please contact Frank Allen. No claim – No award. Congratulations to all the title and award winners.

I wish you all good health & good lifting for 2017. Leg 1 lifts are: 2H D/B Press, 2H D/B Swing, 2H D/B C&J & 1H D/B Deadlift. To be completed by end of January please.

A handwritten signature in blue ink that reads "Chris". The signature is written in a cursive style with a large initial 'C'.