

## BRITISH POWER COMPETITION HELD IN EASTBOURNE ON 1st APRIL 2017

NAME	BW Kilos	LYNCH	Age yr	Age %	Age Class	Weight Class	Squat KILOS	Bench Press FOF KILOS	Deadlift KILOS	TOTAL KILOS	TOTAL POINTS
Max Ell	44.9	1.4772	20	33	Open	45	50.5●	35.0	85 (4th=47.5)●	173.0	334.0
Jenny Watson	58.8	1.1797	51	45	50+	60	47.5	32.5	80.0	160.0	273.7
Steve Andrews	66.4	1.0824	57	18	55+	70	115.0	85.0	155.0	355.0	453.4
Steve Shah	75.5	0.9959	68	32	65+	80	87.5	80 <sup>BR</sup>	140 <sup>BR</sup>	307.5	404.2
Ian Thomas	78.0	0.9761	22	0	Open	80	105.0	85.0	150.0	340.0	331.9
Martin Doolan	81.4	0.9513	76	48	75+	85	100▲	75▲	105 <sup>BR</sup>	280.0	394.2
Brian Heyburn	79.8	0.9627	24	0	Open	80	150.0	105.0	170.0	425.0	409.1
Rory Hoad	81.3	0.9520	29	0	Open	85	165.0	120.0	202.5	487.5	464.1
Peter Tryner	85.1	0.9268	45	6	45+	90	180▲	137.5▲●	250▲	567.5	557.5
Gary Ell	94.8	0.8720	46	7	45+	95	175.0	130.0	195.0	500.0	466.5
Kris Singh	96.3	0.8646	22	0	Open	100	172.5	95.0	165.0	432.5	373.9
Cliff Dunlop	148.9	0.6961	54	15	50+	125+	0.0	125▲	0.0	125.0	100.1

▲ = Junior, Masters World Record. ● = Open World record. BR = British record.