

IWA (UK) Bob Smith All Round Postal League 2017 – Leg 4 - compiled by Chris Bass.

1	Granby	Steve Andrews, Steve Sherwood, Mark Shaw	872.1
2	Norn Irn1	Brian Irwin, Roy McClean, David Bagnall	868.5
3	Castlemilk	Andy Tomlin, Gary Ell, Matthew Finkle	806.3
4	Iron Masters1	Philippe Crisp, Steve Shah, Liam Casey	796.2
5	Metamorfit1	Clive Madge, Gareth Edwards, Ed Shorttle	765.5
6	Iron Masters2	Martin Doolan, Kris Singh, Robyn Taylor	632.7
7	Sunbury1	Jeff Luther, Trevor Evans	484.8
8	Twyford Celts	Maddy Ell, Max Ell,	473.3
9	Metamorfit2	Jenny Watson, Natalie Voce, Ian Thomas	400.5
10	Norn Irn2	Gary Bunting	180.9
11	Iron Masters3	Sarah Fry	48.5

Ranking of Lifters

1	Clive Madge	329.7	15	Trevor Evans	229.2
2	Steve Andrews	328.2	16	Martin Doolan	228.7
3	Steve Sherwood	325.8	17	Gareth Edwards	221.4
4	Philippe Crisp	315.2	18	Max Ell	220.3
5	Andy Tomlin	299.2	19	Mark Shaw	218.1
6	Brian Irwin	297.5	20	Ed Shorttle	214.5
7	Roy McClean	296.8	21	Kris Singh	210.7
8	David Bagnall	274.2	22	Robyn Taylor	193.3
9	Gary Ell	272.0	23	Jenny Watson	183.6
10	Jeff Luther	255.7	24	Gary Bunting	180.9
11	Maddy Ell	253.0	25	Natalie Voce	121.4
12	Steve Shah	240.9	26	Ian Thomas	95.4
13	Liam Casey	240.0	27	Sarah Fry	48.5
14	Matthew Finkle	235.1			

Ranking of Lifters per Lift & Record Breakers. 2H Barbell Press

▲World Junior/Masters, ●World Open, ^{BR}British, ¹Single Ref 2H Barbell Snatch

Lifter	Age	%	Class	Kilos	Points	Lifter	Age	%	Class	Kilos	Points
Brian Irwin1	40+	1	125+	120.0	86.0	Steve Sherwood1	65+	28	80	65.0	96.2
Clive Madge	65+	32	105	77.5 ^{BR}	85.1	Steve Andrews	55+	19	70	60.0	91.5
Steve Andrews	55+	19	70	65.0	83.8	Philippe Crisp1	45+	9	105	80.5	87.2
Philippe Crisp1	45+	9	105	83.0	76.0	Clive Madge	65+	32	105	65.0	84.3
Steve Sherwood1	65+	28	80	60.0	75.1	Roy McClean1	45+	6	105	75.0	78.0
Roy McClean1	45+	6	105	80.0	70.4	Andy Tomlin1	45+	11	95	60.0	70.5
Gary Ell1	45+	7	100	75.0	69.7	Gary Ell1	45+	7	100	62.5	68.7
Andy Tomlin1	45+	11	95	70.0	69.6	Brian Irwin1	40+	1	125+	80.0	67.8
Steve Shah1	65+	32	80	53.0	69.4	David Bagnall1	40+	4	95	60.0	65.7
Martin Doolan1	75+	50	80	45.3	65.3	Jeff Luther	60+	23	75	42.9	64.9
David Bagnall1	40+	4	95	70.0	64.8	Maddy Ell1	Open	33	50	30.0	63.4
Jeff Luther	60+	23	75	48.9	62.6	Martin Doolan1	75+	50	80	35.5	60.5
Kris Singh1	Open	0	100	70.5	61.1	Steve Shah1	65+	32	80	38.0	58.8
Matthew Finkle1	50+	12	70	50.0	59.5	Max Ell1	Open	33	45	25.0	58.1
Liam Casey1	Open	0	90	63.0	58.0	Matthew Finkle1	50+	12	70	40.0	56.3
Maddy Ell1	Open	33	50	30.5	54.5	Liam Casey1	Open	0	90	50.5	55.0
Ed Shorttle1	60+	22	80	45.0	54.1	Trevor Evans	70+	42	80	33.9	54.7
Gareth Edwards1	Open	0	85	57.5	54.0	Robyn Taylor1	Open	33	65	30.5	54.4
Mark Shaw	55+	18	85	45.5	50.2	Ed Shorttle1	60+	22	80	37.5	53.3
Trevor Evans	70+	42	80	36.4	49.7	Kris Singh1	Open	0	100	50.5	51.7
Ian Thomas	Open	0	85	52.5	49.3	Natalie Voce1	Open	33	95	35.0	48.4
Gary Bunting1	Open	1	125	60.0	46.0	Gareth Edwards1	Open	0	85	42.5	47.2
Max Ell1	Open	33	45	22.5	44.2	Mark Shaw	55+	18	85	35.0	45.7
Jenny Watson1	50+	45	60	25.0	42.3	Jenny Watson1	50+	45	60	20.0	40.0
Robyn Taylor1	Open	33	65	28.0	42.3	Gary Bunting1	Open	1	125	40.0	36.3
Natalie Voce1	Open	33	95	25.0	29.2	Ian Thomas	Open	0	85	0.0	0.0
Sarah Fry1	Open	33	90	0.0	0.0	Sarah Fry1	Open	33	90	0.0	0.0

2H Barbell C&J

Lifter	Age	%	Class	Kilos	Points
Clive Madge	65+	32	105	85.0	83.2
Steve Andrews	55+	19	70	70.0	80.5
Roy McClean1	45+	6	105	100.0	78.5
Steve Sherwood1	65+	28	80	70.0	78.2
Brian Irwin1	40+	1	125+	120.0	76.7
Andy Tomlin1	45+	11	95	85.0	75.4
David Bagnall1	40+	4	95	90.0	74.4
Philippe Crisp1	45+	9	105	90.5	74.0
Gary Ell1	45+	7	100	87.5	72.6
Matthew Finkle1	50+	12	70	60.0	63.7
Robyn Taylor1	Open	33	65	46.5	62.6
Max Ell1	Open	33	45	35.0	61.3
Maddy Ell1	Open	33	50	37.5	59.8
Gareth Edwards1	Open	0	85	70.0	58.6
Liam Casey1	Open	0	90	70.5	57.9
Jeff Luther	60+	23	75	50.4	57.5
Kris Singh1	Open	0	100	68.0	52.5
Ed Shorttle1	60+	22	80	47.5	50.9
Steve Shah1	65+	32	80	43.0	50.2
Mark Shaw	55+	18	85	50.5	49.8
Trevor Evans	70+	42	80	40.4▲	49.2
Martin Doolan1	75+	50	80	38.0	48.9
Sarah Fry1	Open	33	90	45.5	48.5
Ian Thomas	Open	0	85	55.0	46.1
Gary Bunting1	Open	1	125	60.0	41.1
Jenny Watson1	50+	45	60	25.0	37.8
Natalie Voce1	Open	33	95	0.0	0.0

Rectangular Fix

Lifter	Age	%	Class	Kilos	Points
Andy Tomlin1	45+	11	95	45.0	83.7
Philippe Crisp1	45+	9	105	45.5	78.1
Clive Madge	65+	32	105	37.5▲	77.1
Steve Sherwood1	65+	28	80	32.5	76.2
Trevor Evans	70+	42	80	29.5	75.5
Maddy Ell1	Open	33	50	22.5	75.3
Steve Andrews	55+	19	70	30.0	72.4
Mark Shaw	55+	18	85	35.0	72.4
Jeff Luther	60+	23	75	29.5	70.7
Roy McClean1	45+	6	105	42.5	70.0
David Bagnall1	40+	4	95	40.0	69.4
Liam Casey1	Open	0	90	40.0	69.0
Brian Irwin1	40+	1	125+	50.0	67.1
Jenny Watson1	50+	45	60	20.0	63.4
Steve Shah1	65+	32	80	25.5	62.5
Gareth Edwards1	Open	0	85	35.0	61.5
Gary Ell1	45+	7	100	35.0	60.9
Gary Bunting1	Open	1	125	40.0	57.5
Max Ell1	Open	33	45	15.4	56.7
Ed Shorttle1	60+	22	80	25.0	56.2
Matthew Finkle1	50+	12	70	25.0	55.7
Martin Doolan1	75+	50	80	20.0	54.0
Kris Singh1	Open	0	100	28.0	45.4
Natalie Voce1	Open	33	95	20.0	43.8
Robyn Taylor1	Open	33	65	12.0	33.9
Ian Thomas	Open	0	85	0.0	0.0
Sarah Fry1	Open	33	90	0.0	0.0

Ranking of Teams after Legs 1+2+3+4.

1	Granby	Steve Sherwood, Steve Andrews, Daniel Andrews	3348.7
2	Norn Irn1	David Bagnall, Roy McClean, Brian Irwin	3309.0
3	Iron Masters1	Philippe Crisp, Steve Shah, Kris Singh	3222.9
4	Metamorfit1	Clive Madge, Ed Shorttle, Jenny Watson	3087.4
5	Castlemilk	Andy Tomlin, Matthew Finkle, George Dick/Gary Ell	2798.6
6	Metamorfit2	Ian Thomas, Ryan Burchett, Natalie Voce	2263.7
7	Twyford Celts	Maddy Ell, Max Ell	1943.4
8	Sunbury1	Jeff Luther, Trevor Evans	1878.0
9	Iron Masters2	Martin Doolan Ollie Downey, Robyn Taylor	1623.1
10	Metamorfit3	Paul Barette, Gareth Edwards, Candice Morris	1233.0
11	Iron Clan1	Sam Hills, Jenn Tibenham, Nick Swain	928.8
12	Norn Irn2	Gary Bunting, Paul Cullen	583.6
13	Metamorfit4	Chris Powell	291.6
14	Iron Masters3	Liam Casey, Sarah Fry	97.7

Ranking of Lifters after Legs 1+2+3+4

1	Steve Andrews	1381.9	18	Jenny Watson	713.8
2	Steve Sherwood	1344.1	19	Ian Thomas	713.2
3	Clive Madge	1285.8	20	Ryan Burchett	671.1
4	Philippe Crisp	1271.4	21	Natalie Voce	640.1
5	Andy Tomlin	1199.1	22	Paul Barette	589.8
6	David Bagnall	1094.0	23	Gary Bunting	583.6
7	Jeff Luther	1033.9	24	Ollie Downey	525.8
8	Maddy Ell	1007.0	25	Sam Hills	498.8
9	Steve Shah	988.1	26	Gareth Edwards	449.2
10	Matthew Finkle	981.7	27	Robyn Taylor	427.9
11	Max Ell	936.5	28	Paul Cullen	408.4
12	Roy McClean	917.8	29	George Dick	345.8
13	Brian Irwin	888.9	30	Candice Morris	337.5
14	Kris Singh	856.2	31	Gary Ell	272.0
15	Martin Doolan	856.1	32	Liam Casey	240.0
16	Trevor Evans	844.1	33	Daniel Andrews	223.9
17	Ed Shorttle	838.5	34	Jenn Tibenham	222.0

35	Mark Shaw	218.1	38	Chris Powell	203.4
37	Sarah Fry	211.7	39	Frank Allen	180.8
37	Nick Swain	208.1			

Olympic Set		Age	CLASS	2H Press	2H Snatch	2H C&J	TOTAL	TOTAL
NAME		Class	Kilos	KILOS	KILOS	KILOS	KILOS	POINTS
Steve Andrews	M	55+	70	65.0	60.0	70.0	195.0	255.8
Clive Madge	M	65+	105	77.5	65.0	85.0	227.5 ^{BR}	252.6
Steve Sherwood1	M	65+	80	60.0	65.0	70.0	195.0	249.6
Philippe Crisp1	M	45+	105	83.0	80.5	90.5	254.0	237.2
Brian Irwin1	M	40+	125+	120.0	80.0	120.0	320.0	230.4
Roy McClean1	M	45+	105	80.0	75.0	100.0	255.0	226.8
Andy Tomlin1	M	45+	95	70.0	60.0	85.0	215.0	215.4
Gary Ell1	M	45+	100	75.0	62.5	87.5	225.0	211.0
David Bagnall1	M	40+	95	70.0	60.0	90.0	220.0	204.9
Jeff Luther	M	60+	75	48.9	42.9	50.4	142.2	185.0
Matthew Finkle1	M	50+	70	50.0	40.0	60.0	150.0	179.4
Steve Shah1	M	65+	80	53.0	38.0	43.0	134.0	178.4
Maddy Ell1	F	Open	50	30.5	30.0	37.5	98.0	177.7
Martin Doolan1	M	75+	80	45.3	35.5	38.0	118.8	174.7
Liam Casey1	M	Open	90	63.0	50.5	70.5	184.0	171.0
Kris Singh1	M	Open	100	70.5	50.5	68.0	189.0	165.3
Max Ell1	F	Open	45	22.5	25.0	35.0	82.5	163.6
Gareth Edwards1	M	Open	85	57.5	42.5	70.0	170.0	159.8
Robyn Taylor1	F	Open	65	28.0	30.5	46.5	105.0	159.4
Ed Shorttle1	M	60+	80	45.0	37.5	47.5	130.0	158.2
Trevor Evans	M	70+	80	36.4	33.9	40.4	110.7 ^{BR}	153.7
Mark Shaw	M	55+	85	45.5	35.0	50.5	131.0	145.7
Gary Bunting1	M	Open	125	60.0	40.0	60.0	160.0	123.4
Jenny Watson1	F	50+	60	25.0	20.0	25.0	70.0	120.2
Ian Thomas	M	Open	85	52.5	0.0	55.0	107.5	95.4
Natalie Voce1	F	Open	95	25.0	35.0	0.0	60.0	77.6
Sarah Fry1	F	Open	90	0.0	0.0	45.5	45.5	48.5

Here's the Leg 4 results, with 27 lifters and 11 teams. Welcome back to Mark Shaw who has now recovered from his operation. Gary Ell has joined Castlemilk to replace the dear departed George Dick. Condolences to his family & friends.

Recognition to Brian Irwin, Clive Madge & Steve Andrews for top 3 in the Press; Steve Sherwood, Steve Andrews & Phil Crisp for top 3 in the Snatch; Clive Madge, Steve Andrews & Rory McClean for the top 3 in the C&J; Andy Tomlin, Clive Madge & Clive Madge for top 3 in the Fix.

The top 3 Teams were Granby, Norn Irrn1 & Castlemilk. Finally a big well done to the rest of the lifters. Top 3 in the Olympic Set were Steve Andrews, Clive Madge & Steve Sherwood. Overall position of the 3 top teams are now Granby, Norn Irrn1 & Iron Masters1. Clive has regained 3rd place from Phil overall leaving Steve A & Steve S remaining in 1st & 2nd place.

Leg 5 lifts are the Single Arm Set + Pullover at arms length.



I.A.W.A ALL ROUND TEAM POSTAL LEAGUE

TEAM NAME: _____ **LEG No :** 5

The results of this leg must be completed by the week ending _____ *30th September 2017*
and be returned within 48 hours to: Chris Bass: 72, Beverley Crescent, Grimsby, NE Lincs, DN32 9TJ

NAME <small>(TICK LIFTERS NAME IF 2 OR MORE REFEREES)</small>									
BODYWEIGHT									
LYNCH FORMULA									
D.O.B / %		/		/		/		/	
1H Barbell Snatch 1.5118	R/L								
1H Barbell C&J (opposite hand) 1.4332	R/L								
1H Deadlift 0.5237	R/L								
Pullover at Arms Length 1.7794									
REFEREES									

Please indicate clearly the number of referees per lifter & the hand used for one handed lifts.