

IWA (UK) Bob Smith All Round Postal League 2018 – Leg 2 - compiled by Chris Bass.

Ranking of Teams

1	Granby	Steve Andrews, Steve Sherwood, Mark Shaw	845.9
2	Castlemilk	Andy Tomlin, Gary Ell, Matthew Finkle	821.7
3	Metamorfit 1	Jamie Livens, Gareth Edwards, Paul Barette	787.0
4	Metamorfit 2	Chris Powell, Charlotte Hughes, Ian Thomas	565.1
5	Twyford Celts	Maddy Ell, Max Ell	490.7
6	Metamorfit3	Ed Shorttle, Natalie Voce	292.8
7	Sunbury	Trevor Evans	228.6

Ranking of Lifters

1	Steve Andrews	343.6	9	Matthew Finkle	236.9
2	Andy Tomlin	302.3	10	Trevor Evans	228.6
3	Gary Ell	282.5	11	Max Ell	226.0
4	Steve Sherwood	280.1	12	Mark Shaw	222.2
5	Jamie Livens	278.4	13	Chris Powell	208.1
6	Maddy Ell	264.7	14	Charlotte Hughes	179.1
7	Gareth Edwards	259.2	15	Ian Thomas	177.8
8	Paul Barette	249.5	16	Ed Shorttle	170.8
			17	Natalie Voce	122.0

Ranking of Lifters per Lift & Record Breakers. Seated Press

Lifter	Age	%	Class	Kilos	Points
Steve Andrews1	55+	20	70	55.5	90.0
Jamie Livens1	Open	0	75	60.0	70.9
Gary Ell1	45+	8	100	65.0	69.4
Andy Tomlin1	50+	12	95	60.0	68.4
Steve Sherwood	65+	30	80	50.5▲	67.6
Matthew Finkle1	50+	13	70	45.0	61.8
Gareth Edwards1	Open	0	85	55.02	59.1
Maddy Ell1	Open	33	50	27.5	58.8
Paul Barette	40+	3	75	47.5	57.8
Trevor Evans1	70+	44	85	35.0	55.7
Ian Thomas	Open	0	95	52.5	53.3
Mark Shaw1	55+	19	85	40.5	51.7
Chris Powell1	40+	5	100	47.5	48.9
Max Ell1	Open	33	45	21.0	47.5
Charlotte Hughes1	Open	33	80	30.0	45.7
Ed Shorttle	60+	23	80	32.51	45.1
Natalie Voce	Open	33	85	30.0●	42.8

Ranking of Lifters per Lift & Record Breakers. Continental Snatch

▲World Junior/Masters, ●World Open, ^{BR}British, ¹Single Ref

Lifter	Age	%	Class	Kilos	Points
Steve Andrews1	55+	20	70	60.5	86.9
Steve Sherwood	65+	30	80	62.5▲	74.1
Andy Tomlin1	50+	12	95	65.0	65.6
Gareth Edwards1	Open	0	85	65.0	61.9
Gary Ell1	45+	8	100	65.0	61.5
Matthew Finkle1	50+	13	70	50.0	60.8
Max Ell1	Open	33	45	30.0	60.1
Maddy Ell1	Open	33	50	31.0	58.6
Jamie Livens1	Open	0	75	55.0	57.5
Paul Barette	40+	3	75	50.0	53.8
Mark Shaw1	55+	19	85	43.0	48.6
Trevor Evans1	70+	44	85	34.1	48.1
Chris Powell1	40+	5	100	47.5	43.3
Charlotte Hughes1	Open	33	80	30.0	40.4
Ed Shorttle	60+	23	80	32.5	39.9
Ian Thomas	Open	0	95	40.0	36.0
Natalie Voce	Open	33	85	25.0	31.5

Reflex Clean & Jerk

Lifter	Age	%	Class	Kilos	Points
Steve Andrews1	55+	20	70	58.0	90.0
Andy Tomlin1	50+	12	95	80.0	87.3
Jamie Livens1	Open	0	75	75.0	84.8
Gary Ell1	45+	8	100	82.5	84.3
Paul Barette	40+	3	75	65.0▲	75.6
Gareth Edwards1	Open	0	85	72.5	74.6
Maddy Ell1	Open	33	50	35.0	71.5
Matthew Finkle1	50+	13	70	50.0	65.7
Max Ell1	Open	33	45	30.0	64.9
Steve Sherwood	65+	30	80	50.5▲	64.6
Chris Powell1	40+	5	100	60.0	59.1
Trevor Evans1	70+	44	85	36.6	55.8
Mark Shaw1	55+	19	85	45.5	55.5
Charlotte Hughes1	Open	33	80	35.0	51.0
Ian Thomas	Open	0	95	50.0	48.6
Natalie Voce	Open	33	85	35.0	47.7
Ed Shorttle	60+	23	80	27.5	36.5

Rectangular Fix

Lifter	Age	%	Class	Kilos	Points
Andy Tomlin1	50+	12	95	45.0	80.9
Steve Andrews1	55+	20	70	30.0	76.7
Maddy Ell1	Open	33	50	22.5	75.8
Steve Sherwood	65+	30	80	35.0	73.8
Trevor Evans1	70+	44	85	27.5	69.0
Gary Ell1	45+	8	100	40.0	67.3
Mark Shaw1	55+	19	85	33.0	66.4
Jamie Livens1	Open	0	75	35.0	65.2
Gareth Edwards1	Open	0	85	37.5	63.6
Paul Barette	40+	3	75	32.5▲	62.3
Chris Powell1	40+	5	100	35.0	56.8
Max Ell1	Open	33	45	15.0	53.5
Ed Shorttle	60+	23	80	22.5	49.2
Matthew Finkle1	50+	13	70	22.5	48.7
Charlotte Hughes1	Open	33	80	17.5	42.0
Ian Thomas	Open	0	95	25.0	40.0
Natalie Voce	Open	33	85	0.0	0.0

Ranking of Teams after Legs 1+2.

1	Granby	Steve Andrews, Steve Sherwood, Mark Shaw	1732.1
2	Castlemilk	Andy Tomlin, Gary Ell, Matthew Finkle	1672.9
3	Metamorfit 1	Jamie Livens, Gareth Edwards, Paul Barette	1538.6
4	Metamorfit 2	Chris Powell, Charlotte Hughes, Ian Thomas	1218.9
5	Twyford Celts	Maddy Ell, Max Ell	967.7
6	Metamorfit 3	Ed Shorttle, Natalie Voce	826.7
7	Sunbury	Trevor Evans	679.3

Ranking of Lifters after Legs 1+2

1	Steve Andrews	670.6			
2	Steve Sherwood	622.1	11	Trevor Evans	444.4
3	Andy Tomlin	596.9	12	Mark Shaw	439.4
4	Gary Ell	579.7	13	Chris Powell	433.9
5	Jamie Livens	541.6	14	Ed Shorttle	402.6
6	Maddy Ell	511.2	15	Ian Thomas	374.0
7	Gareth Edwards	504.8	16	Charlotte Hughes	365.3
8	Matthew Finkle	496.3	17	Natalie Voce	291.1
9	Paul Barette	492.2	18	Jeff Luther	234.8
10	Max Ell	456.6	19	Kris Singh	178.6

Here's the Leg 2 results, with 17 lifters and 7 teams. Disappointingly team Norn Irn have not returned.

Recognition to Steve Andrews, Jamie Livens & Gary Ell for the top 3 in the Press; Steve Andrews, Steve Sherwood & Andy Tomlin for top 3 in the Snatch; Steve Andrews, Andy Tomlin & Jamie Livens for top 3 in the C&J; Andy Tomlin, Steve Andrews & Maddy Ell in the Rectangular Fix.

Steve Andrews, Steve Sherwood & Andy Tomlin are top 3 lifters overall. The top 3 Teams are Granby, Castlemilk & Metamorfit 1. Finally a big well done to the rest of the lifters.

Lifts for Leg3 are: Squat, Bench Press fof, Deadlift & Barbell Cheat Curl.

