

IAWA GRIP CHAMPS 2018

2" Bar Clean+Press

2x2" Vertical Bars

2" Bar Straddle

Name	Age	BW kg	CoEf	Lift 1	Lift 2	Lift 3	Lift 4	Lift 1	Lift 2	Lift 3	Lift 4	Sub	Lift 1	Lift 2	Lift 3	Lift 4	Total kg	Amm
Natalie Haydock	8 33%	25		7.5	10	Existing record		30.5 B/W J/O	33 B/W J/O	33.5 B/W J/O	34.5 x	43.5	20 B/W J/O	25 B/W J/O	32.5 B/W J/O		76kg	101.1
Matt Finkle	51 12%	68.7	1.058	45	50	52.5 x		90	100.5	105.5 x		150.5	120	135	142.5	148 B/W M	293	347.2
Matt Wells	37	72.6	1.0207	60	62.5 x			145.5 B/W O	150.5 B/W O	163.5 B/W O		223.5	140	150	160 x		373.5	381.2
Tony Collins	65 26%	97.9	0.8569	40 B/W M	45 B/W M	50 B/W M		70.5 B/W M	80.5 X	80.5 B/W M	85.5 B/W M	130.5	100 BM W M	105 BM W M	110 BM W M	120 B W M	240.5	259.7
Gary Ell	47 8%	98.4	0.8545	65	70	72.5		150.5 B/W M	160.5 B/W M	165.5 X		233	165 B O/M	175 B O/M	185 B O/M	190 B O/M	418	385.8
Pete Tryner	45 6%	90	0.8976	80 B M	90 B/W M	95 x		165 B/W M	175 B/W M	185.5 B/W O/M		275.5	240 B/W O/M	255 B/W O/M	270 x		530.5	504.7
Andy Tomlin	50 11%	92.7	0.8829	60 B/W M	65 B/W M	67.5 B/W M		145.5 B/W M	160.5 X	160.5 X		213	150 B/W M	160 B/W M			373	365.5
Steve Moss	35	103.5	0.8318	60	65	70 X		160.5	170.5	180.5	200.5 X	245.5	160	170 B O	180 X		415.5	345.6
Mark Haydock	42 3%	109.6	0.8074	90	100	105 X		185.5	213 B/W O/M	218 B/W O/M		318	250 B/W O/M	275 x			568	472.36

B – British W – World O-Open M-Master J-Junior

Best Lifter Awards

Best Female – Natalie Haydock

Best Open - Matt Wells

Best Master - Pete Tryner

Best Overall - Pete Tryner