



Southern All-Round Championships 1-Sep-2013

Name	Sex	Age	Age %	Class	Bwt	Div	2.0551		Blindt		1.4332		Total	Lynch	Amend
							Lift	Amend	Lift	Amend	1H Clean & Jerk				
											Snatch on Knees				
Adrian Pryor	M	42	3	40+	84.7	85KG	45▲	92.4795	86.5▲	93.61895	45	64.494	250.5925	0.9293	319.73
David Cole	M	36	0	OPEN	69.0	70KG	45	92.4795	65	70.3495	40	57.328	220.157	1.0550	308.91
Chris Moloney	M	23	0	OPEN	70.4	75KG	40	82.204	75	81.1725	40	57.328	220.7045	1.0412	305.63
Paul Barette	M	37	0	OPEN	71.7	75KG	40	82.204	70	75.761	40	57.328	215.293	1.0289	294.62
Brian Heyburn	M	21	0	OPEN	75.8	80KG	40	82.204	60	64.938	52.5	75.243	222.385	0.9934	293.82
Adrian Hollywood	M	25	0	OPEN	87.4	90KG	50●	102.755	67.5	73.05525	45	64.494	240.3043	0.9126	291.68
Ed Shorttle	M	57	18	55+	75.6	80KG	32.5	66.7908	50	54.115	25	35.83	156.7358	0.9950	244.95
James Morgan	M	36	0	OPEN	81.0	85KG	40	82.204	60	64.938	0	0	147.142	0.9541	186.72

All lifters lifted with right hand for the One Handed Clean and Jerk except for Adrian Hollywood.

Adrian Pryor had a fourth attempt at the cheat curl for a record of 87.5kg▲

Refs: Steve Gardner, Karen Gardner, Phil Crisp

Additional records:

There were 2 successful attempts at the Reverse Grip Clean & Press:

David Cole 71kg●

Adrian Pryor 60kg▲

▲=World Masters, ●=World Open