

BRITISH ALL ROUND COMPETITION HELD IN BIRSTALL ON 7th JUNE 2014

NAME	BW Kilos	LYNCH	Age yr	Age %	Age Class	Weight Class	Push Press KILOS	Cheat Curl KILOS	1 Hand Deadlift KILOS	Pullover & Press KILOS	TOTAL KILOS	TOTAL POINTS
Paula Thompson	48.1	1.3874	40	38	40+	50	40.0▲	42.5▲●	70.0▲●	45.0▲	197.5	378.1
Nadia de Silva	49.6	1.3508	21	33	Open	50	40.0	35.0	55.0	45.0	175.0	314.4
Karen Gardner	74.9	1.0008	55	54	55+	75	20.0▲	35.0▲	70.0 (4th 75.0)▲	35.0▲	160.0	246.6
Steve Andrews	68.2	1.0632	54	20	50+	70	72.5	72.5 (4th 76.0)▲	L 120.0	85.0	350.0	446.5
Chris Findon	69.9	1.0460	31	0	Open	70	65.0	55.0	L 115.0	70.0	305.0	319.0
Paul Barette	72.6	1.0207	38	0	Open	75	65.0	67.5	90.0	75.0	297.5	303.7
Ed Shorttle	75.3	0.9975	57	22	55+	80	50.0	50.0	50.0	60.0	210.0	255.6
Luke Davis	78.9	0.9693	30	0	Open	80	85.0	80.0	125.0	102.5	392.5	380.4
Adrian Pryor	84.8	0.9287	43	8	40+	85	75.0	90.0	130.0	85.0	380.0	381.1
James Gardner	93.2	0.8802	30	0	Open	95	85.0	85.0	200.0	100.0	470.0	413.7
Barry Gordge	105.7	0.8227	53	18	50+	110	80.0 ^{BR}	70.0 ^{BR}	120.0	100.0▲	370.0	359.2
Phillipe Crisp	107.8	0.8143	44	9	40+	110	82.5	90.0▲	150.5 ^{BR}	122.5 ^{BR}	445.0	395.0
Mark Haydock	116.0	0.7946	39	0	Open	120	125.0 (4th 128.5)●	103.0●	210.0 ^{BR}	140.0	577.5	453.1
Graham Saxton	121.7	0.7942	52	17	50+	125	70.0	60.0 ^{BR}	157.5▲	106.0▲	392.5	351.8
Cliff Dunlop	132.0	0.7939	51	16	50+	125+	75.0 ^{BR}	70.0 ^{BR}	L 65.0 ^{BR}	100.0▲	310.0	264.8
Steve Gardner	139.7	0.7935	57	23	55+	125+	40.0 ^{BR}	50.0	100.0 ^{BR}	80.0▲	270.0	238.1

The 'handed' lifts were RH unless indicated otherwise.

▲ = Junior, masters World Record. ● = Open World record. ^{BR} = British record.