

IAWA (UK) Bob Smith All Round Postal League 2012 – Leg 2 - compiled by Chris Bass.

1	GRANBY GRIPPERS 1	Steve Andrews, Mark Price, Mark Godleman	1156.2
2	MEN OVER THE DUNE	James Hilston, Nick Molloy, Dimitri Koutsoubakis	1009.6
3	COALVILLE OUTCASTS	Mark Shaw, Jason Reed, Mark Haydock	978.8
4	TIVERTON W.L.C.1	Gary Ell, Mark Rattenby, Axel Amos	953.0
5	METAMASTERS	Philippe Crisp, Ed Shorttle, Adrian Pryor	931.8
6	SUNBURY 1	Tom Meldon, Trevor Evans, Jeff Luther	833.7
7	TIVERTON W.L.C.2	Tom Perry, Thomas Cleverely, Patrick Burt	775.5
8	METAMORFIT	Emre Bennett, Paul Barette, Natalie Doughty	760.9
9	SUNBURY 2	John Evans, Peter Lee, Barry Ricks	698.4
10	NEW SPARTANS	Barry Gordge	377.1
11	SUNBURY 3	Nick Sayce,	196.9
12	GRANBY GRIPPERS 2	Daniel Andrews	194.5

Ranking of Lifters

1	Mark Price	448.8	16	Axel Amos	278.7
2	Mark Haydock	415.9	17	James Hilston	273.8
3	Steve Andrews	397.8	18	Tom Perry	270.7
4	Nick Molloy	381.9	19	Trevor Evans	269.6
5	Barry Gordge	377.1	20	Jason Reed	267.2
6	Philippe Crisp	369.3	21	Jeff Luther	264.2
7	Dimitri Koutsoubakis	353.9	22	Thomas Cleverely	263.5
8	Gary Ell	337.6	23	Paul Barette	259.4
9	Mark Rattenby	336.7	24	John Evans	251.9
10	Mark Godleman	309.5	25	Patrick Burt	241.3
11	Tom Meldon	299.9	26	Peter Lee	238.9
12	Mark Shaw	295.6	27	Natalie Doughty	219.5
13	Adrian Pryor	282.8	28	Barry Ricks	207.6
14	Emre Bennett	282.0	29	Nick Sayce	196.9
15	Ed Shorttle	279.7	30	Daniel Andrews	194.5

Ranking of Lifters per Lift & Record Breakers.

▲ World Junior/Masters, ● World Open, ^{BR}British
1 Single Referee

Squat

Lifter	Age	%	Class	Kilos	Points
Philippe Crisp1	40+	8	110	241.0	120.3
Barry Gordge	50+	16	105	220.0	119.1
Mark Haydock	Open	2	120	260.0	118.9
Mark Price	45+	13	95	200.0	110.9
Steve Andrews	50+	18	70	142.5	99.0
Dimitri Koutsoubakis1	45+	10	85	162.5	95.0
Mark Shaw1	50+	17	80	145.0	94.2
Mark Rattenby	45+	15	65	130.4	94.0
Nick Molloy1	Open	3	75	155.0	92.3
Tom Meldon	50+	19	85	140.0	87.3
Tom Perry	Open	0	90	165.4	84.9
Mark Godleman	45+	15	105	150.0	81.5
Gary Ell	40+	6	90	145.4	79.4
Axel Amos	Open	0	85	150.4	79.3
Thomas Cleverely	Open	0	80	132.9	74.7
Jason Reed1	Open	0	80	135.0	73.1
Adrian Pryor1	40+	6	85	130.5	72.3
Paul Barette1	Open	1	70	110.5	65.8
James Hilston1	Open	0	105	135.5	64.5
Ed Shorttle1	55+	21	75	92.5	63.8
John Evans	65+	36	90	90.0	63.1
Emre Bennett1	18-19	5	60	85.5	60.0
Patrick Burt	Open	0	75	100.4	58.3
Trevor Evans	65+	36	85	80.0	57.9
Daniel Andrews	14-15	15	70	80.0	56.5
Jeff Luther	55+	22	75	80.0	56.1
Natalie Doughty1	Open	33	70	70.5	55.3
Barry Ricks	55+	25	85	65.0	42.7
Nick Sayce	Open	0	75	70.0	39.9
Peter Lee	80+	60	80	40.0▲	35.1

Bench Press - FOF

Lifter	Age	%	Class	Kilos	Points
Mark Price	45+	13	95	160.0	123.5
Barry Gordge	50+	16	105	140.0	105.5
Mark Haydock	Open	2	120	155.0	98.7
Nick Molloy1	Open	3	75	116.5	96.6
Gary Ell	40+	6	90	122.9▲	93.4
Dimitri Koutsoubakis1	45+	10	85	112.5	91.6
Philippe Crisp1	40+	8	110	125.0	86.9
Mark Rattenby	45+	15	65	85.4	85.7
Steve Andrews	50+	18	70	87.5	84.6
Peter Lee	80+	60	80	67.5▲	82.4
Trevor Evans	65+	36	85	80.0	80.6
Tom Meldon	50+	19	85	92.5	80.3
Mark Godleman	45+	15	105	105.0	79.4
Emre Bennett1	18-19	5	60	80.5	78.7
Jeff Luther	55+	22	75	77.5	75.7
Tom Perry	Open	0	90	105.4	75.3
Ed Shorttle1	55+	21	75	72.5	69.6
Thomas Cleverely	Open	0	80	87.9	68.8
Axel Amos	Open	0	85	92.9	68.2
Patrick Burt	Open	0	75	82.9	67.0
James Hilston1	Open	0	105	96.5	63.9
Mark Shaw1	50+	17	80	70.0	63.3
Nick Sayce	Open	0	75	77.5	61.5
John Evans	65+	36	90	62.5	61.0
Jason Reed1	Open	0	80	80.0	60.3
Paul Barette1	Open	1	70	68.0	56.4
Natalie Doughty1	Open	33	70	50.5	55.2
Barry Ricks	55+	25	85	60.0	54.8
Adrian Pryor1	40+	6	85	70.5	54.4
Daniel Andrews	14-15	15	70	42.5	41.8

Leg 2 continued:

2H Deadlift

Lifter	Age	%	Class	Kilos	Points
Mark Haydock	Open	2	120	285.0	97.4
Nick Molloy1	Open	3	75	210.5	93.7
Steve Andrews	50+	18	70	175.0	90.9
Barry Gordge	50+	16	105	220.0	89.0
Adrian Pryor1	40+	6	85	210.5	87.2
Mark Rattenby	45+	15	65	160.4	86.4
Ed Shorttle1	55+	21	75	165.0	85.1
Dimitri Koutsoubakis1	45+	10	85	192.5	84.2
Mark Price	45+	13	95	200.0	82.9
Philippe Crisp1	40+	8	110	221.0	82.4
Mark Godleman	45+	15	105	200.0	81.2
Gary Ell	40+	6	90	190.0	77.5
Tom Meldon	50+	19	85	160.0	74.6
Paul Barette1	Open	1	70	165.5	73.7
Axel Amos	Open	0	85	182.9	72.1
Thomas Cleverely	Open	0	80	170.4	71.6
Patrick Burt	Open	0	75	160.4	69.6
Tom Perry	Open	0	90	180.4	69.2
Emre Bennett1	18-19	5	60	130.5	68.5
Peter Lee	80+	60	80	100.0 ^{BR}	65.5
Mark Shaw1	50+	17	80	132.5	64.3
James Hilston1	Open	0	105	180.5	64.2
John Evans	65+	36	90	120.0	62.9
Jason Reed1	Open	0	80	152.5	61.7
Natalie Doughty1	Open	33	70	100.5	58.9
Barry Ricks	55+	25	85	120.0	58.9
Jeff Luther	55+	22	75	110.0	57.7
Trevor Evans	65+	36	85	100.0	54.1
Daniel Andrews	14-15	15	70	100.0	52.8
Nick Sayce	Open	0	75	120.0	51.1

Crucifix

Lifter	Age	%	Class	Kilos	Points
Mark Price	45+	13	95	66.8▲●	131.5
Steve Andrews	50+	18	70	50.0	123.3
Mark Haydock	Open	2	120	62.2●	101.0
Nick Molloy1	Open	3	75	47.0	99.4
Gary Ell	40+	6	90	45.0▲	87.2
Dimitri Koutsoubakis1	45+	10	85	40.0	83.1
James Hilston1	Open	0	105	48.0	81.1
Philippe Crisp1	40+	8	110	45.0	79.7
Trevor Evans	65+	36	85	30.0	77.1
Emre Bennett1	18-19	5	60	30.0	74.8
Jeff Luther	55+	22	75	30.0	74.7
Mark Shaw1	50+	17	80	32.0	73.8
Jason Reed1	Open	0	80	37.5	72.1
Mark Rattenby	45+	15	65	27.6▲	70.6
Adrian Pryor1	40+	6	85	35.0	68.9
Mark Godleman	45+	15	105	35.0	67.5
John Evans	65+	36	90	26.0	64.8
Paul Barette1	Open	1	70	30.0	63.4
Barry Gordge	50+	16	105	33.0▲	63.4
Ed Shorttle1	55+	21	75	25.0	61.2
Axel Amos	Open	0	85	31.6	59.1
Tom Meldon	50+	19	85	26.0	57.6
Peter Lee	80+	60	80	18.0▲	56.0
Barry Ricks	55+	25	85	22.0	51.3
Natalie Doughty1	Open	33	70	18.0	50.1
Thomas Cleverely	Open	0	80	24.3	48.5
Patrick Burt	Open	0	75	22.6	46.6
Nick Sayce	Open	0	75	22.0	44.5
Daniel Andrews	14-15	15	70	17.3	43.4
Tom Perry	Open	0	90	22.6	41.2

Ranking of Teams after Legs 1+2.

1	GRANBY GRIPPERS 1	Steve Andrews, Mark Price, Mark Godleman	1992.7
2	MEN OVER THE DUNE	James Hilston, Nick Molloy, Dimitri Koutsoubakis	1843.2
3	COALVILLE OUTCASTS	Mark Shaw, Jason Reed, Mark Haydock	1730.3
4	TIVERTON W.L.C.1	Gary Ell, Mark Rattenby, Axel Amos	1685.7
5	METAMASTERS	Philippe Crisp, Ed Shorttle, Adrian Pryor	1649.0
6	SUNBURY 1	Tom Meldon, Trevor Evans, Jeff Luther	1525.9
7	METAMORFIT	Emre Bennett, Paul Barette, Natalie Doughty	1400.5
8	SUNBURY 2	John Evans, Peter Lee, Barry Ricks	1292.3
9	TIVERTON W.L.C.2	Tom Perry, Thomas Cleverely, Patrick Burt	1181.8
10	NEW SPARTANS	Barry Gordge, Kevin Thomas	838.5
11	SUNBURY 3	Nick Sayce,	378.9
12	GRANBY GRIPPERS 2	Daniel Andrews	194.5

Ranking of Lifters after Legs 1+2

1	Mark Price	749.2	16	Jeff Luther	486.5
2	Mark Haydock	742.6	17	Jason Reed	483.2
3	Steve Andrews	726.1	18	Trevor Evans	481.4
4	Nick Molloy	677.3	19	Axel Amos	478.2
5	Dimitri Koutsoubakis	660.5	20	Thomas Cleverley	470.3
6	Phillipe Crisp	659.5	21	John Evans	468.6
7	Barry Gordge	648.3	22	Paul Barette	468.0
8	Gary Ell	588.4	23	Ed Shorttle	467.8
9	Mark Rattenby	578.9	24	Peter Lee	432.9
10	Tom Meldon	553.0	25	Natalie Doughty	419.2
11	Adrian Pryor	521.7	26	Daniel Andrews	402.4
12	Emre Bennett	513.4	27	Barry Ricks	395.9
13	Tom Perry	510.3	28	Nick Sayce	378.9
14	James Hilston	505.3	29	Mark Godleman	309.5
15	Mark Shaw	504.5	30	Patrick Burt	241.3
			31	Kevin Thomas	190.2

Leg 2 continued:

Below is the Power totals with those that gained British Records:

NAME	Age Class	CLASS Kilos	Bench Press FOF KILOS	Squat KILOS	2H Deadlift KILOS	TOTAL KILOS	TOTAL POINTS
Mark Price	45+	95	200.0	160.0	200.0	560.0 ^{BR}	317.3
Barry Gordge	50+	105	220.0	140.0	220.0	580.0 ^{BR}	316.4
Mark Haydock	Open	120	260.0	155.0	285.0	700.0 ^{BR}	315.0
Phillipe Crisp1	40+	110	241.0	125.0	221.0	587.0	289.6
Nick Molloy1	Open	75	155.0	116.5	210.5	482.0	282.6
Steve Andrews	50+	70	142.5	87.5	175.0	405.0	274.5
Dimitri Koutsoubakis1	45+	85	162.5	112.5	192.5	467.5	270.8
Mark Rattenby	45+	65	130.4	85.4	160.4	376.2	266.1
Gary Eil	40+	90	145.4	122.9	190.0	458.3	250.4
Tom Meldon	50+	85	140.0	92.5	160.0	392.5	242.3
Mark Godleman	45+	105	150.0	105.0	200.0	455.0	242.1
Tom Perry	Open	90	165.4	105.4	180.4	451.2	229.5
Mark Shaw1	50+	80	145.0	70.0	132.5	347.5	221.8
Axel Amos	Open	85	150.4	92.9	182.9	426.2	219.6
Ed Shorttle1	55+	75	92.5	72.5	165.0	330.0	218.5
Thomas Cleverely	Open	80	132.9	87.9	170.4	391.2	215.0
Adrian Pryor1	40+	85	130.5	70.5	210.5	411.5	213.9
Emre Bennett1	18-19	60	85.5	80.5	130.5	296.5	207.3
Paul Barette1	Open	70	110.5	68.0	165.5	344.0	195.9
Jason Reed1	Open	80	135.0	80.0	152.5	367.5	195.1
Patrick Burt	Open	75	100.4	82.9	160.4	343.7	194.8
James Hilston1	Open	105	135.5	96.5	180.5	412.5	192.7
Trevor Evans	65+	85	80.0	80.0	100.0	260.0	192.6
Jeff Luther	55+	75	80.0	77.5	110.0	267.5	189.5
John Evans	65+	90	90.0	62.5	120.0	272.5	187.1
Peter Lee	80+	80	40.0	67.5	100.0	207.5 ^{BR}	182.9
Natalie Doughty1	Open	70	70.5	50.5	100.5	221.5	169.4
Barry Ricks	55+	85	65.0	60.0	120.0	245.0	156.3
Nick Sayce	Open	75	70.0	77.5	120.0	267.5	152.4
Daniel Andrews	14-15	70	80.0	42.5	100.0	222.5	151.1

Here's the Leg 2 results of 2012.

Recognition to Phillipe Crisp, Barry Gordge & Mark Haydock for the top 3 in the Squat, Mark Price, Barry Gordge & Mark Haydock in the Bench Press, Mark Haydock, Nick Molloy & Steve Andrews in the Deadlift and finally Mark Price, Steve Andrews & Mark Haydock in the Crucifix. Also well done to the rest of the lifters, let's hope the rest of the legs continue with such good results! Thanks to Mark Haydock joining Coalville, they have moved into 3rd place so pushing Tiverton into 4th place.

Thanks again to everyone for lifting and helping to keep the All Round Postal League going.

