

Ranking of Teams – Leg 6

1	GRANBY GRIPPERS1	Steve Andrews, Mark Price, Daniel Andrews	904.2
2	MEN OVER THE DUNE	James Hilston, Nick Molloy, Dimitri Koutsoubakis	827.0
3	METAMASTERS	Philippe Crisp, Ed Shorttle, Adrian Pryor	800.5
4	SUNBURY 1	Tom Meldon, Peter Lee, John Evans	795.9
5	METAMORFIT	Emre Bennett, Paul Barette, Natalie Doughty	777.7
6	TIVERTON W.L.C.1	Gary Ell, Mark Rattenberry, Tom Perry	742.6
7	COALVILLE OUTCASTS	Mark Shaw, Jason Reed	479.1
8	SUNBURY 2	Barry Ricks, Trevor Evans	464.2
9	TIVERTON W.L.C.2	Thomas Cleverely, Axel Amos	358.1

Ranking of Teams after Legs 1+2+3+4+5+6.

1	GRANBY GRIPPERS1	Steve Andrews, Mark Price, Daniel Andrews	5484.8
2	MEN OVER THE DUNE	James Hilston, Nick Molloy, Dimitri Koutsoubakis	5207.7
3	TIVERTON W.L.C.1	Gary Ell, Mark Rattenberry, Tom Perry	4840.2
4	METAMASTERS	Philippe Crisp, Ed Shorttle, Adrian Pryor	4572.2
5	SUNBURY 1	Peter Lee, Barry Ricks, John Evans	4508.2
6	METAMORFIT	Emre Bennett, Paul Barette, Natalie Doughty	4233.9
7	COALVILLE OUTCASTS	Mark Shaw, Jason Reed, Mark Haydock	3576.9
8	TIVERTON W.L.C.2	Thomas Cleverely, Axel Amos, Patrick Burt	3408.4
9	SUNBURY 2	Trevor Evans, Tom Meldon, Jeff Luther	2957.3
10	NEW SPARTANS	Barry Gordge, Kev Thomas	1719.5
11	SUNBURY 3	Nick Sayce	378.9
12	GRANBY GRIPPERS2	Mark Godleman	194.5

Ranking of Lifters – Leg 6

1	Steve Andrews	365.7	13	John Evans	239.6
2	Mark Price	324.0	14	Jason Reed	233.1
3	Emre Bennett	318.8	15	Barry Ricks	232.8
4	Dimitri Koutsoubakis	306.5	16	Trevor Evans	231.3
5	Philippe Crisp	304.7	17	Mark Rattenberry	228.7
6	Tom Meldon	295.4	18	James Hilston	227.4
7	Gary Ell	295.2	19	Ed Shorttle	226.6
8	Nick Molloy	293.2	20	Tom Perry	218.7
9	Adrian Pryor	269.2	21	Daniel Andrews	214.5
10	Paul Barette	262.6	22	Thomas Cleverely	202.4
11	Peter Lee	260.9	23	Natalie Doughty	196.3
12	Mark Shaw	246.0	24	Axel Amos	155.7

Ranking of Lifters after Legs 1+2+3+4+5+6

1	Steve Andrews	2115.6	16	James Hilston	1363.1
2	Mark Price	2035.1	17	Thomas Cleverley	1291.8
3	Nick Molloy	1927.4	18	Barry Ricks	1283.4
4	Dimitri Koutsoubakis	1917.3	19	Axel Amos	1281.3
5	Phillipe Crisp	1787.7	20	Ed Shorttle	1267.8
6	Gary Ell	1732.2	21	Natalie Doughty	1227.3
7	Emre Bennett	1613.1	22	Daniel Andrews	1219.0
8	Mark Rattenberry	1567.1	23	John Evans	1181.0
9	Tom Perry	1532.9	24	Trevor Evans	1177.9
10	Barry Gordge	1529.3	25	Tom Meldon	1114.7
11	Adrian Pryor	1516.7	26	Jeff Luther	959.3
12	Mark Shaw	1440.6	27	Patrick Burt	843.4
13	Jason Reed	1393.7	28	Nick Sayce	761.6
14	Paul Barette	1393.5	29	Mark Haydock	742.6
15	Peter Lee	1366.6	30	Mark Godleman	309.5
			31	Kevin Thomas	190.2

Ranking of Lifters per Lift & Record Breakers.

▲ World Junior/Masters, ● World Open, ^{BR} British

¹ Single Referee

2H Dumbbell Press

Lifter	Age	%	Class	Kilos	Points
Steve Andrews ¹	50+	18	70	67.5	93.2
Mark Price	45+	13	95	79.4	89.4
Philippe Crisp ¹	40+	8	110	90.0	88.3
Emre Bennett ¹	18-19	5	60	60.0	84.0
Dimitri Koutsoubakis ¹	45+	10	90	67.0	75.7
Gary Ell	40+	6	90	70.0	75.2
Tom Meldon	50+	19	85	58.2	73.2
Peter Lee ¹	80+	60	80	40.0	69.3
Nick Molloy ¹	Open	3	75	57.0	66.5
Adrian Pryor ¹	40+	6	85	60.0	65.7
Mark Shaw ¹	50+	17	80	48.8	63.1
Axel Amos	Open	0	85	60.0	62.4
Ed Shorttle ¹	55+	21	75	45.0	60.5
Trevor Evans ¹	65+	36	85	41.6	60.2
Paul Barette ¹	Open	1	70	50.0	58.8
Mark Rattenberry	50+	15	65	41.0	58.0
Jason Reed ¹	Open	0	80	53.1	56.7
Natalie Doughty ¹	Open	33	70	35.0	55.6
John Evans	65+	36	90	38.0	52.4
Tom Perry	Open	0	90	51.0	51.9
James Hilston ¹	Open	0	100	54.0	51.7
Barry Ricks	60+	25	85	38.0	49.7
Thomas Cleverely	Open	0	80	45.0	49.1
Daniel Andrews	16-17	15	70	33.5	46.3

2H Dumbbell Swing

Lifter	Age	%	Class	Kilos	Points
Tom Meldon	50+	19	85	63.8	90.2
Steve Andrews ¹	50+	18	70	57.5	89.3
Philippe Crisp ¹	40+	8	110	80.0	88.3
Emre Bennett ¹	18-19	5	60	50.0	78.7
Nick Molloy ¹	Open	3	75	58.0	76.1
Mark Price	45+	13	95	59.1	74.9
Peter Lee ¹	80+	60	80	38.0	74.1
Dimitri Koutsoubakis ¹	45+	10	90	58.0	73.7
John Evans	65+	36	90	44.0	68.2
Gary Ell	40+	6	90	56.2	68.0
Adrian Pryor ¹	40+	6	85	55.0	67.8
Paul Barette ¹	Open	1	70	50.0	66.2
Trevor Evans ¹	65+	36	85	40.0	65.1
Barry Ricks	60+	25	85	44.0	64.7
James Hilston ¹	Open	0	100	58.0	62.4
Mark Shaw ¹	50+	17	80	42.5	61.8
Daniel Andrews	16-17	15	70	38.5	59.9
Jason Reed ¹	Open	0	80	48.8	58.6
Mark Rattenberry	50+	15	65	30.0▲	47.8
Ed Shorttle ¹	55+	21	75	30.0	45.4
Natalie Doughty ¹	Open	33	70	25.0	44.7
Axel Amos	Open	0	85	35.0	40.9
Tom Perry	Open	0	90	35.0	40.0
Thomas Cleverely	Open	0	80	30.0	36.8

2H Dumbbell Clean & Jerk

Lifter	Age	%	Class	Kilos	Points
Steve Andrews ¹	50+	18	70	75.0	93.1
Dimitri Koutsoubakis ¹	45+	10	90	80.0	81.3
Mark Price	45+	13	95	79.4	80.4
Philippe Crisp ¹	40+	8	110	90.0	79.4
Emre Bennett ¹	18-19	5	60	60.0	75.5
Gary Ell	40+	6	90	75.0	72.5
Nick Molloy ¹	Open	3	75	69.0	72.3
Tom Meldon	50+	19	85	63.8▲	72.1
Tom Perry	Open	0	90	70.0	64.0
Peter Lee ¹	80+	60	80	40.0	62.3
John Evans	65+	36	90	50.0	62.0
Adrian Pryor ¹	40+	6	85	60.0	59.1
Barry Ricks	60+	25	85	50.0	58.8
Mark Shaw ¹	50+	17	80	48.8	56.8
Jason Reed ¹	Open	0	80	58.1	55.8
Ed Shorttle ¹	55+	21	75	45.0	54.4
Thomas Cleverely	Open	0	80	55.0	53.9
Paul Barette ¹	Open	1	70	50.0	52.9
Axel Amos	Open	0	85	56.0	52.4
Trevor Evans ¹	65+	36	85	40.0	52.0
Daniel Andrews	16-17	15	70	41.0	51.0
Natalie Doughty ¹	Open	33	70	35.0	50.0
James Hilston ¹	Open	0	100	57.0	49.0
Mark Rattenberry	50+	15	65	30.0▲	38.2

2H Dumbbell Deadlift

Lifter	Age	%	Class	Kilos	Points
Steve Andrews ¹	50+	18	70	157.5	90.1
Paul Barette ¹	Open	1	70	174.0	84.8
Mark Rattenberry	50+	15	65	144.4▲	84.7
Emre Bennett ¹	18-19	5	60	139.0	80.6
Gary Ell	40+	6	90	178.6	79.5
Mark Price	45+	13	95	170.0	79.3
Nick Molloy ¹	Open	3	75	162.0	78.3
Adrian Pryor ¹	40+	6	85	169.0	76.7
Dimitri Koutsoubakis ¹	45+	10	90	162.0	75.8
Ed Shorttle ¹	55+	21	75	119.0	66.3
Mark Shaw ¹	50+	17	80	120.0	64.3
James Hilston ¹	Open	0	100	162.0	64.2
Tom Perry	Open	0	90	149.2	62.8
Thomas Cleverely	Open	0	80	138.6	62.6
Jason Reed ¹	Open	0	80	140.0	61.9
Tom Meldon	50+	19	85	115.0BR	59.9
Barry Ricks	60+	25	85	110.0▲	59.6
Daniel Andrews	16-17	15	70	100.0	57.3
John Evans	65+	36	90	100.0▲	57.1
Peter Lee ¹	80+	60	80	77.0	55.3
Trevor Evans ¹	65+	36	85	90.0	54.0
Philippe Crisp ¹	40+	8	110	120.0	48.8
Natalie Doughty ¹	Open	33	70	70.0	46.1
Axel Amos	Open	0	85	0	0

SPENCER SET 2012

	<u>Lifter</u>	<u>Kilos</u>	<u>Points</u>		<u>Lifter</u>	<u>Kilos</u>	<u>Points</u>
1	Steve Andrews1	200.0	275.6	13	Paul Barette1	150.0	177.8
2	Phillippe Crisp1	260.0	256.0	14	Trevor Evans1	121.6	177.4
3	Mark Price	217.9	244.7	15	Barry Ricks	132.0	173.2
4	Emre Bennett1	170.0	238.2	16	Jason Reed1	160.0	171.1
5	Tom Meldon	185.8	235.5	17	James Hilston1	169.0	163.2
6	Dimitri Koutsoubakis1	205.0	230.7	18	Ed Shorttle1	120.0	160.3
7	Gary Ell	201.2	215.7	19	Daniel Andrews	113.0	157.2
8	Nick Molloy1	184.0	214.9	20	Tom Perry	156.0	155.9
9	Peter Lee1	118.0	205.7	21	Axel Amos	151.0	155.7
10	Adrian Pryor1	175.0	192.6	22	Natalie Doughty1	95.0	150.2
11	John Evans	132.0	182.5	23	Mark Rattenberry	101.0 ^{BR}	144.0
12	Mark Shaw1	140.1	181.7	24	Thomas Cleverely	130.0	139.8

Final Rankings of the 2012 All round Scheme.

1	Steve Andrews	24 lifts	British Open & 50+, 70k class & Top All Rounder
2	Mark Price	24 lifts	British Open & 45+, 95k class, Best All Rounder
3	Nick Molloy	24 lifts	British Open, 75k class, Best All Rounder
4	Dimitri Koutsoubakis	24 lifts	British Open & 45+, 85k class Best All Rounder
5	Phillipe Crisp	24 lifts	British Open & 40+, 110k class, Best All Rounder
6	Gary Ell	24 lifts	British Open & 40+, 90k class Best All Rounder
7	Emre Bennett	24 lifts	British Open & 18 years old, 60k class Best All Rounder
8	Mark Rattenberry	24 lifts	British Open & 50+, 65k class Best All Rounder
9	Tom Perry	24 lifts	British Runner up Open 90k class All Rounder
10	Barry Gordge	20 lifts	British Open & 50+, 105k class Best All Rounder
11	Adrian Pryor	20 lifts	British 40+, 85k class Best All Rounder
12	Mark Shaw	24 lifts	British 50+, 80k class Best All Rounder
13	Jason Reed	24 lifts	British Open, 80k class Best All Rounder
14	Paul Barette	24 lifts	British Runner up Open, 70k class All Rounder
15	Peter Lee	24 lifts	British 80+, 80k class Best All Rounder
16	James Hilston	24 lifts	British Open 100k class Best All Rounder
17	Thomas Cleverley	24 lifts	British Runner up Open, 80k class All Rounder
18	Barry Ricks	24 lifts	British 60+, 85k class Best All Rounder
19	Axel Amos	23 lifts	British Runner up Open, 85k class, All Rounder
20	Ed Shorttle	24 lifts	British 55+, 75k class Best All Rounder
21	Natalie Doughty	24 lifts	British Ladies Open, 70k class, Best All Rounder
22	Daniel Andrews	24 lifts	British 16 years old, 70k class Best All Rounder
23	John Evans	20 lifts	British 65+, 90k class Best All Rounder
24	Trevor Evans	20 lifts	British 65+, 85k class Best All Rounder
25	Tom Meldon	16 lifts	British 50+, 85k class Best All Rounder
26	Jeff Luther	16 lifts	British Runner up 55+, 75k class All Rounder
27	Patrick Burt	16 lifts	Devon County Open, 80k class All Rounder
28	Nick Sayce	16 lifts	Middlesex County Open, 80k class All Rounder
29	Mark Haydock	8 lifts	British Open, 120k class, All Rounder 8 lifts
30	Mark Godleman	4 lifts	British 50+, 105k class, All Rounder 4 lifts
31	Kevin Thomas	4 lifts	British 50+, 95k class, All Rounder 4 lifts

Here's the roundup of Leg 6 results 2012:

Well done to Steve, Mark P & Emre for being the top 3 lifters in this leg. Steve, Mark P & Philippe were also the first 3 in the D/B Press. Tom, Philippe & Steve the first 3 in the Swing. Steve, Dimitri, & Mark P the first 3 in the Clean & Jerk. Steve, Philippe & Mark R the first 3 in the Deadlift, and finally Steve, Philippe & Mark P in the Spencer Set.

Also overall for the year: Steve for being the top lifter for 2012 - well done, Mark P on coming second and Nick on coming third. Top team was Granby grippers (I'm sure due to the addition of Mark Price), with Men over the dune (must now change their name!) coming second & Tiverton 1 coming in third. And finally well done to everyone & thanks for lifting throughout the year.

If you qualify for an award (**12 lifts or more**) and want one then please contact Frank Allen. No claim – No award. Congratulations to all the title and award winners.

I wish you all good health & good lifting for 2013. Leg 1 lifts are: Reverse grip bench press, Lunge Squat, 2H Straddle deadlift & Rectangular Fix.



Chris