

IAWA (UK) Bob Smith All Round Postal League 2014 – Leg 1 - compiled by Chris Bass.

1	GRANBY GRIPPERS	Steve Andrews, Steve Sherwood, Mark Shaw	1011.1
2	POWERHOUSE	Mark Haydock, James Gardner, Luke Davis	982.3
3	METAMORFIT	Philippe Crisp, Adrian Pryor, Adrian Hollywood	834.6
4	THE IRON CLAN1	Nick Swain, Sam Hills, Jenn Tibbenham	827.5
5	TIVERTON W.L.C.1	Gary Ell, Patrick Burt, Mark Rattenberry	802.7
6	TEAMORFIT	Nadia Silva, Paul Barette, Natalie Doughty	640.4
7	TIVERTON W.L.C.2	Jevan Cockbain, Peter Hoar, Thomas Cleverley	623.4
8	GRANBY GRIPPERS 2	Daniel Andrews	215.4
9	THE IRON CLAN RESERVES	Lesley Swain	207.7
10	METAMEN	Ed Shorttle	193.4

Ranking of Lifters

1	Steve Andrews	398.4	13	Adrian Hollywood	240.2
2	Mark Haydock	377.3	14	Mark Rattenberry	234.7
3	Steve Sherwood	347.7	15	Nadia Silva	224.3
4	Philippe Crisp	345.9	16	Jenn Tibbenham	223.0
5	Gary Ell	323.4	17	Paul Barette	222.1
6	Nick Swain	323.1	18	Jevan Cockbain	216.6
7	James Gardner	312.1	19	Daniel Andrews	215.4
8	Luke Davis	292.9	20	Lesley Swain	207.7
9	Sam Hills	281.3	21	Peter Hoar	205.4
10	Mark Shaw	264.9	22	Thomas Cleverley	201.4
11	Adrian Pryor	248.5	23	Natalie Doughty	194.0
12	Patrick Burt	244.7	24	Ed Shorttle	193.4

Ranking of Lifters per Lift & Record Breakers. 2H Dumbbell Press

▲ World Junior/Masters, ● World Open, ^{BR}British, ¹Single Ref 2H Dumbbell Swing

Lifter	Age	%	Class	Kilos	Points	Lifter	Age	%	Class	Kilos	Points
Steve Andrews1	50+	20	70	67.5	100.5	Steve Sherwood1	60+	28	85	65.0	98.4
Mark Haydock1	Open	4	120	98.4	93.3	Mark Haydock1	Open	4	120	92.0	91.0
Steve Sherwood1	60+	28	85	60.0	87.1	Philippe Crisp1	40+	10	110	80.0	88.4
Philippe Crisp1	40+	10	110	80.0	84.7	Steve Andrews1	50+	20	70	55.0	85.4
Nick Swain	45+	14	85	65.0	82.0	Nick Swain	45+	14	85	57.0	75.0
Gary Ell	40+	8	90	70.0	80.3	James Gardner1	Open	0	95	66.0	72.4
James Gardner1	Open	0	95	72.0	75.7	Luke Davis1	Open	0	80	60.0	71.1
Luke Davis1	Open	0	80	66.0	75.0	Sam Hills	50+	18	85	50.0	68.8
Sam Hills	50+	18	85	55.0	72.6	Gary Ell	40+	8	90	56.2	67.2
Adrian Pryor1	40+	8	90	60.0	70.0	Jenn Tibbenham	Open	33	105	47.0●	63.6
Patrick Burt	Open	0	80	60.0	69.8	Paul Barette1	Open	3	80	50.0	62.5
Mark Shaw	50+	19	80	50.0	68.8	Mark Shaw	50+	19	80	40.0	57.4
Ed Shorttle1	55+	23	75	44.0	65.6	Daniel Andrews	16-17	3	70	41.0	56.1
Nadia Silva1	Open	33	50	30.0	63.8	Mark Rattenberry	50+	17	65	35.0	55.7
Jevan Cockbain	14-15	15	75	45.0▲	62.0	Adrian Pryor1	40+	8	90	45.0	54.8
Adrian Hollywood1	Open	0	85	55.0	61.1	Patrick Burt	Open	0	80	45.0	54.6
Mark Rattenberry	50+	17	65	40.0	61.0	Adrian Hollywood1	Open	0	85	45.0	52.1
Paul Barette1	Open	3	80	45.0	53.9	Peter Hoar	Open	0	105	50.0	50.9
Daniel Andrews	16-17	3	70	41.0	53.8	Jevan Cockbain	14-15	15	75	35.0▲	50.3
Peter Hoar	Open	0	105	55.0	53.7	Lesley Swain	45+	47	95	28.0▲	45.2
Thomas Cleverley	Open	0	80	45.0	52.2	Nadia Silva1	Open	33	50	20.0	44.3
Lesley Swain	45+	47	95	33.0▲	51.1	Ed Shorttle1	55+	23	75	28.0	43.5
Jenn Tibbenham	Open	33	105	39.0●	50.6	Natalie Doughty1	Open	33	75	25.0	42.6
Natalie Doughty1	Open	33	75	30.0	49.0	Thomas Cleverley	Open	0	80	30.0	36.3

Leg 1 continued:

2H Dumbbell Clean & Jerk

Crucifix

Lifter	Age	%	Class	Kilos	Points	Lifter	Age	%	Class	Kilos	Points
Steve Sherwood1	60+	28	85	75.0	101.8	Steve Andrews1	50+	20	70	45.0	111.6
Steve Andrews1	50+	20	70	72.5	100.9	Mark Haydock1	Open	4	120	61.5	97.1
Mark Haydock1	Open	4	120	108.3	96.0	Gary Ell	40+	8	90	50.0▲	95.5
Nick Swain	45+	14	85	75.0	88.4	Philippe Crisp1	40+	10	110	50.0	88.2
Philippe Crisp1	40+	10	110	85.5	84.6	James Gardner1	Open	0	95	46.0	80.5
James Gardner1	Open	0	95	85.0	83.5	Nick Swain	45+	14	85	37.0	77.7
Gary Ell	40+	8	90	75.0	80.4	Mark Shaw	50+	19	80	32.5▲	74.4
Luke Davis1	Open	0	80	74.0	78.6	Luke Davis1	Open	0	80	36.0	68.1
Sam Hills	50+	18	85	60.0	74.0	Mark Rattenberry	50+	17	65	26.8	68.1
Adrian Pryor1	40+	8	90	60.0	65.4	Sam Hills	50+	18	85	30.0	65.9
Patrick Burt	Open	0	80	60.0	65.2	Adrian Hollywood1	Open	0	85	35.0	64.7
Mark Shaw	50+	19	80	50.0	64.3	Steve Sherwood1	60+	28	85	25.0	60.4
Adrian Hollywood1	Open	0	85	60.0	62.3	Lesley Swain	45+	47	95	23.0▲●	59.3
Thomas Cleverley	Open	0	80	55.0	59.6	Adrian Pryor1	40+	8	90	30.0	58.3
Nadia Silva1	Open	33	50	30.0	59.6	Nadia Silva1	Open	33	50	16.0	56.6
Daniel Andrews	16-17	3	70	48.5	59.5	Patrick Burt	Open	0	80	28.4	55.0
Jevan Cockbain	14-15	15	75	45.0▲	57.9	Thomas Cleverley	Open	0	80	27.6	53.3
Jenn Tibbenham	Open	33	105	47.0●	57.0	Jenn Tibbenham	Open	33	105	24.0●	51.8
Paul Barette1	Open	3	80	50.0	56.0	Paul Barette1	Open	3	80	25.0	49.8
Peter Hoar	Open	0	105	60.0	54.7	Natalie Doughty1	Open	33	75	18.0	49.0
Natalie Doughty1	Open	33	75	35.0	53.4	Jevan Cockbain	14-15	15	75	20.2 ^{BR}	46.3
Lesley Swain	45+	47	95	36.0▲●	52.1	Peter Hoar	Open	0	105	28.4	46.1
Mark Rattenberry	50+	17	65	35.0▲	49.9	Daniel Andrews	16-17	3	70	21.0 ^{BR}	45.9
Ed Shorttle1	55+	23	75	32.0	44.6	Ed Shorttle1	55+	23	75	16.0	39.7

Spencer Set		Age	CLASS	2H Press	2H Snatch	2H C&J	TOTAL	TOTAL
NAME		Class	Kilos	KILOS	KILOS	KILOS	KILOS	POINTS
Mark Haydock1	M	Open	120	98.4	92.0	108.3	298.7	288.8
Steve Sherwood1	M	60+	85	60.0	65.0	75.0	200.0	287.3
Steve Andrews1	M	50+	70	67.5	55.0	72.5	195.0	286.9
Philippe Crisp1	M	40+	110	80.0	80.0	85.5	245.5	257.8
Nick Swain	M	45+	85	65.0	57.0	75.0	197.0	245.4
James Gardner1	M	Open	95	72.0	66.0	85.0	223.0	231.6
Gary Ell	M	40+	90	70.0	56.2	75.0	201.2	227.9
Luke Davis1	M	Open	80	66.0	60.0	74.0	200.0	224.8
Sam Hills	M	50+	85	55.0	50.0	60.0	165.0	215.4
Mark Shaw	M	50+	80	50.0	40.0	50.0	140.0	190.5
Adrian Pryor1	M	40+	90	60.0	45.0	60.0	165.0	190.2
Patrick Burt	M	Open	80	60.0	45.0	60.0	165.0	189.7
Adrian Hollywood1	M	Open	85	55.0	45.0	60.0	160.0	175.5
Paul Barette1	M	Open	80	45.0	50.0	50.0	145.0	172.3
Jenn Tibbenham	F	Open	105	39.0	47.0	47.0	133.0 ^{BR}	171.2
Jevan Cockbain	M	14-15	75	45.0	35.0	45.0	125.0 ^{BR}	170.2
Nadia Silva1	F	Open	50	30.0	20.0	30.0	80.0	167.7
Mark Rattenberry	M	50+	65	40.0	35.0	35.0	110.0 ^{BR}	166.6
Daniel Andrews	M	16-17	70	41.0	41.0	48.5	130.5	166.3
Peter Hoar	M	Open	105	55.0	50.0	60.0	165.0	159.3
Ed Shorttle1	M	55+	75	44.0	28.0	32.0	104.0	153.7
Lesley Swain	F	45+	95	33.0	28.0	36.0	97.0 ^{BR}	148.4
Thomas Cleverley	M	Open	80	45.0	30.0	55.0	130.0	148.1
Natalie Doughty1	F	Open	75	30.0	25.0	35.0	90.0	145.0

Leg 1 continued:

Here's the Leg 1 results of the new year. The response this year has been problematic due to moving 1st leg to January. Hopefully the next leg will bring in more lifters and teams.

Recognition to Steve Andrews, Mark Haydock & Steve Sherwood for the top 3 in the Press, Steve Sherwood, Mark Haydock & Phillipe Crisp in Swing, Steve Sherwood, Steve Andrews & Mark Haydock in the Clean & Jerk and finally Steve Andrews, Mark Haydock & Gary Ell in the Crucifix. Finally well done to the rest of the lifters. I hope the next leg will attract more lifters. At the moment it seems to be a contest between Granby and Powerhouse.

Thanks to all of you for competing in the first leg of the new year.

A handwritten signature in blue ink that reads "Chris". The letter "C" is large and loops around the "h". The "i" has a small dot, and the "s" is written in a cursive style.

Chris Bass