

# IAWA (UK) Bob Smith All Round Postal League 2015 – Leg 4 - compiled by Chris Bass.

1	Powerhouse1	Mark Haydock, Pete Tryner, Josh Davidson	983.2
2	Granby Grippers	Steve Andrews, Steve Sherwood, Mark Shaw	928.8
3	Sunbury1	Andy Murtagh, Jeff Luther, Harry McCulloch	910.0
4	Powerhouse2	James Gardner, Webster Reed, Paula Thompson	843.7
5	Metamen	Rory Hoad, Joe Morris, Paul Barette	772.7
6	MetaMasters	Philippe Crisp, Adrian Pryor, James Rampton	771.1
7	Powerhouse3	Luke Davis, Matt Jones, Chloe Brennan	761.6
8	Iron Men	Clive Madge, Ed Shorttle, Ryan Burchett	753.8
9	Tiverton W.L.C.1	Jevan Cockbain, Mark Rattenberry, Thomas Cleverley	741.7
10	The Iron Clan1	Sam Hills, Nick Swain, Jenn Tibbenham	718.5
11	Powerhouse4	Steve Moss, Graham Saxton, Karen Gardner	579.2
12	Iron Maidens	Jenny Watson, Natalie Voce	322.7
13	Sunbury2	Trevor Evans	246.7
14	Tiverton W.L.C.2	Dion Maynard	178.1
15	Chicks that Lift	Candice Morris	163.1

## Ranking of Lifters

1	Steve Andrews	362.6	20	Joe Morris	250.9
2	Mark Haydock	356.5	21	Trevor Evans	246.7
3	Andy Murtagh	336.1	22	Nick Swain	244.3
4	Steve Sherwood	325.4	23	Mark Rattenberry	244.2
5	Pete Tryner	318.5	24	Mark Shaw	240.7
6	Philippe Crisp	313.1	25	Paul Barette	236.9
7	Clive Madge	311.8	26	Thomas Cleverley	229.6
8	Josh Davidson	308.3	27	Ed Shorttle	227.2
9	Harry McCulloch	295.8	28	Chloe Brennan	223.3
10	Rory Hoad	284.9	29	Jenn Tibbenham	216.2
11	James Gardner	283.6	30	Steve Moss	215.3
12	Webster Reed	280.7	31	Ryan Burchett	214.8
13	Paula Thompson	279.4	32	James Rampton	205.6
14	Luke Davis	279.2	33	Graham Saxton	192.7
15	Jeff Luther	278.0	34	Dion Maynard	178.1
16	Jevan Cockbain	267.8	35	Karen Gardner	171.2
17	Matt Jones	259.0	36	Jenny Watson	168.3
18	Sam Hills	258.0	37	Candice Morris	163.1
19	Adrian Pryor	252.5	38	Natalie Voce	154.5

## Ranking of Lifters per Lift & Record Breakers.

▲ World Junior/Masters, ● World Open, <sup>BR</sup>British, <sup>1</sup>Single Ref

### 2H Press

### 2H Snatch

Lifter	Age	%	Class	Kilos	Points	Lifter	Age	%	Class	Kilos	Points
Mark Haydock	40+	1	115	110.0▲	87.9	Steve Sherwood1	60+	25	80	65.0	93.4
Andy Murtagh	45+	10	95	87.9	86.0	Steve Andrews	55+	17	70	62.5▲	92.5
Webster Reed	40+	4	125+	115.5▲	85.2	Harry McCulloch	Open	0	85	80.4	88.3
Pete Tryner	40+	1	95	92.5	83.2	Mark Haydock	40+	1	115	92.5▲●	87.4
Clive Madge	65+	28	105	75.5 <sup>BR</sup>	81.4	Philippe Crisp	45+	7	105	83.0	86.7
Steve Andrews	55+	17	70	65.0	81.3	Clive Madge	65+	28	105	65.51	83.5
Steve Sherwood1	60+	25	80	65.0	79.0	Josh Davidson	Open	0	110	82.5	80.2
Philippe Crisp	45+	7	105	87.5	77.3	Rory Hoad1	Open	0	80	65.5	75.9
Rory Hoad1	Open	0	80	78.0	76.4	Jevan Cockbain	16-17	15	80	57.5	75.4
Josh Davidson	Open	0	110	90.0	74.0	Luke Davis	Open	0	75	62.5	74.8
Jevan Cockbain	16-17	15	80	62.9	69.7	Pete Tryner	40+	1	95	70.0	74.5
Luke Davis	Open	0	75	67.5	68.3	Jenn Tibbenham	Open	33	105	55.0	72.6
Nick Swain	50+	11	85	65.0	67.8	James Gardner	Open	0	95	70.0	72.3
James Gardner	Open	0	95	77.5	67.7	Sam Hills	50+	15	85	56.0	71.6
Sam Hills	50+	15	85	59.0	63.8	Paula Thompson	40+	35	50	33.0▲●	71.0
Paula Thompson	40+	35	50	35.0	63.7	Andy Murtagh	45+	10	95	60.4	69.9
Jeff Luther	55+	21	75	50.4	63.0	Adrian Pryor1	40+	5	85	60.5	69.7
Mark Rattenberry	50+	14	65	50.0	62.9	Matt Jones	18-19	2	125	75.0▲	68.7
Matt Jones	18-19	2	125	77.5▲	60.0	Jeff Luther	55+	21	75	45.4	67.1
Ed Shorttle	55+	20	80	50.51	59.6	Paul Barette1	Open	0	70	50.5	62.9
Joe Morris1	Open	0	80	60.5	59.4	Nick Swain	50+	11	85	50.0	61.7
Adrian Pryor1	40+	5	85	60.5	58.9	Trevor Evans1	70+	38	80	39.1	61.4

## Leg 4 continued:

2H Press

Lifter	Age	%	Class	Kilos	Points
Thomas Cleverley	Open	0	80	60.0	57.7
Harry McCulloch	Open	0	85	60.4	56.13
Paul Barette1	Open	0	70	53.0	55.9
Jenn Tibbenham	Open	33	105	50.0	55.8
Ryan Burchett1	Open	0	105	65.5	54.3
Dion Maynard	16-17	15	85	50.0	54.2
Trevor Evans1	70+	38	80	40.0	53.1
James Rampton1	45+	6	90	55.5	53.1
Chloe Brennan	18-19	36	75	37.5 <sup>BR</sup>	51.2
Mark Shaw1	50+	16	80	45.0	50.8
Steve Moss	Open	0	100	57.5	49.3
Graham Saxton	50+	14	125	55.0	48.1
Jenny Watson	45+	43	60	25.51	44.2
Karen Gardner	55+	51	75	27.5▲	41.6
Natalie Voce1	Open	33	90	33.0	40.0
Candice Morris1	Open	33	55	20.0	34.9

2H Snatch

Lifter	Age	%	Class	Kilos	Points
Chloe Brennan	18-19	36	75	37.5▲	60.6
Mark Rattenberry	50+	14	65	40.0	59.5
Ryan Burchett1	Open	0	105	60.5	59.3
Joe Morris1	Open	0	80	50.5	58.6
Thomas Cleverley	Open	0	80	50.0	56.9
Mark Shaw1	50+	16	80	42.5	56.8
Webster Reed	40+	4	125+	65.0	56.7
Ed Shorttle	55+	20	80	40.5	56.5
Steve Moss	Open	0	100	52.5	53.2
Graham Saxton	50+	14	125	47.5	49.1
James Rampton1	45+	6	90	43.0	48.6
Karen Gardner	55+	51	75	25.0	44.7
Natalie Voce1	Open	33	90	28.0	40.1
Dion Maynard	16-17	15	85	30.0	38.5
Candice Morris1	Open	33	55	18.0	37.1
Jenny Watson	45+	43	60	18.0	36.9

2H Clean & Jerk

Lifter	Age	%	Class	Kilos	Points
Mark Haydock	40+	1	115	130.6▲●	93.1
Harry McCulloch	Open	0	85	105.4	87.4
Steve Sherwood1	60+	25	80	75.0	81.3
Josh Davidson	Open	0	110	110.0	80.7
Pete Tryner	40+	1	95	100.0	80.3
Jevan Cockbain	16-17	15	80	80.0▲	79.1
Steve Andrews	55+	17	70	70.0	78.1
Joe Morris1	Open	0	80	85.5	74.9
Rory Hoad1	Open	0	80	85.5	74.7
Andy Murtagh	45+	10	95	85.4	74.5
Luke Davis	Open	0	75	82.5	74.5
James Gardner	Open	0	95	95.0	74.0
Paula Thompson	40+	35	50	45.0▲●	73.1
Webster Reed	40+	4	125+	110.5▲	72.7
Clive Madge	65+	28	105	75.5▲	72.7
Philippe Crisp	45+	7	105	90.0 <sup>BR</sup>	70.9
Sam Hills	50+	15	85	72.0	69.5
Nick Swain	50+	11	85	72.5	67.5
Paul Barette1	Open	0	70	70.5	66.3
Matt Jones	18-19	2	125	95.0▲	65.6
Thomas Cleverley	Open	0	80	75.0	64.4
Jeff Luther	55+	21	75	55.4	61.8
Mark Rattenberry	50+	14	65	52.5	58.9
Chloe Brennan	18-19	36	75	47.5▲	57.9
Adrian Pryor1	40+	5	85	65.5	56.9
Steve Moss	Open	0	100	72.5	55.5
Mark Shaw1	50+	16	80	55.0	55.4
Jenn Tibbenham	Open	33	105	55.0	54.8
Trevor Evans1	70+	38	80	45.4	53.8
Ed Shorttle	55+	20	80	50.5	53.1
Ryan Burchett1	Open	0	105	70.5	52.2
Graham Saxton	50+	14	125	65.0	50.7
James Rampton1	45+	6	90	55.5	47.4
Dion Maynard	16-17	15	85	47.5	46.0
Natalie Voce1	Open	33	90	38.0	41.1
Karen Gardner	55+	51	75	30.0▲	40.4
Candice Morris1	Open	33	55	25.5	39.7
Jenny Watson	45+	43	60	25.5	39.4

Crucifix

Lifter	Age	%	Class	Kilos	Points
Steve Andrews	55+	17	70	45.0	110.7
Andy Murtagh	45+	10	95	55.0	105.8
Mark Haydock	40+	1	115	56.0	88.0
Jeff Luther	55+	21	75	35.0▲	86.0
Pete Tryner	40+	1	95	45.5	80.5
Trevor Evans1	70+	38	80	30.0	78.3
Philippe Crisp	45+	7	105	45.0	78.1
Mark Shaw1	50+	16	80	35.0	77.7
Clive Madge	65+	28	105	35.0▲	74.2
Josh Davidson	Open	0	110	45.5	73.5
Steve Sherwood1	60+	25	80	30.0	71.7
Paula Thompson	40+	35	50	20.0	71.6
James Gardner	Open	0	95	40.5	69.5
Adrian Pryor1	40+	5	85	35.0	67.0
Webster Reed	40+	4	125+	45.5	66.0
Matt Jones	18-19	2	125	42.5	64.7
Harry McCulloch	Open	0	85	35.0	63.9
Mark Rattenberry	50+	14	65	25.5	63.0
Luke Davis	Open	0	75	31.0	61.7
Ed Shorttle	55+	20	80	25.0▲	58.0
Joe Morris1	Open	0	80	30.0	57.9
Rory Hoad1	Open	0	80	30.0	57.8
Steve Moss	Open	0	100	34.0	57.3
James Rampton1	45+	6	90	30.0	56.4
Chloe Brennan	18-19	36	75	20.0	53.7
Sam Hills	50+	15	85	25.0	53.1
Paul Barette1	Open	0	70	25.0	51.8
Candice Morris1	Open	33	55	15.0	51.4
Thomas Cleverley	Open	0	80	26.8	50.7
Ryan Burchett1	Open	0	105	30.0	48.9
Jenny Watson	45+	43	60	14.0	47.7
Nick Swain	50+	11	85	23.0	47.2
Graham Saxton	50+	14	125	26.0	44.7
Karen Gardner	55+	51	75	15.0	44.6
Jevan Cockbain	16-17	15	80	20.0	43.6
Dion Maynard	16-17	15	85	18.5▲	39.4
Natalie Voce1	Open	33	90	14.0	33.3
Jenn Tibbenham	Open	33	105	15.0	32.9

## Leg 4 continued:

### Ranking of Teams after Legs 1+2+3+4.

1	Powerhouse1	Mark Haydock, Pete Tryner, James Gardner	4204.3
2	Granby Grippers	Steve Andrews, Steve Sherwood, Mark Shaw	3885.1
3	Sunbury1	Andy Murtagh, Jeff Luther, Trevor Evans	3698.3
4	Powerhouse2	Luke Davis, Paula Thompson, Matt Jones	3593.6
5	Metamen	Rory Hoad, Joe Morris, Paul Barette	3504.4
6	Tiverton W.L.C.1	Jevan Cockbain, Mark Rattenberry, Thomas Cleverley	3375.5
7	MetaMasters	Phil Crisp, Adrian Pryor, James Rampton	3303.0
8	The Iron Clan1	Sam Hills, Nick Swain, Jenn Tibbenham	3270.4
9	Iron Men	Clive Madge, Ed Shorttle, Phil Padget	3263.3
10	Powerhouse3	Steve Moss, Graham Saxton, Josh Davidson	3191.7
11	Powerhouse4	Chris Findon, Karen Gardner, Webster Reed	2407.3
12	Chicks that Lift	Nadia Silva, Candice Morris, Clare Rampton	2090.0
13	Iron Maidens	Jenny Watson, Natalie Voce	1374.2
14	Tiverton W.L.C.2	Dion Maynard	866.9
15	Sunbury2	Lesley Swain	740.0
16	The Iron Clan2	Harry McCulloch	563.7
17	Granby Grippers2	Mark Godleman, Josh Warren	463.3

### Ranking of Lifters after Legs 1+2+3+4

1	Mark Haydock	1508.3			
2	Andy Murtagh	1496.6	25	Adrian Pryor	1001.6
3	Steve Andrews	1468.1	26	Ed Shorttle	966.9
4	Philippe Crisp	1380.5	27	Josh Davidson	963.9
5	Pete Tryner	1371.7	28	James Rampton	920.8
6	Steve Sherwood	1332.7	29	Jenn Tibbenham	919.0
7	Clive Madge	1305.9	30	Harry McCulloch	870.6
8	James Gardner	1283.1	31	Dion Maynard	866.9
9	Rory Hoad	1258.2	32	Nadia Silva	794.7
10	Jevan Cockbain	1216.8	33	Chris Findon	785.0
11	Luke Davis	1208.5	34	Ryan Burchett	743.5
12	Sam Hills	1207.0	35	Jenny Watson	743.1
13	Joe Morris	1187.4	36	Karen Gardner	733.6
14	Mark Rattenberry	1155.5	37	Candice Morris	684.9
15	Nick Swain	1134.7	38	Natalie Voce	631.0
16	Paula Thompson	1095.2	39	Webster Reed	583.9
17	Jeff Luther	1060.5	40	Lesley Swain	573.5
18	Paul Barette	1058.8	41	Shaun Jose	556.6
19	Matt Jones	1046.5	42	Clare Rampton	390.6
20	Steve Moss	1027.6	43	Mark Godleman	305.1
21	Mark Shaw	1017.5	44	Phil Padget	247.0
22	Trevor Evans	1010.5	45	Josh Warren	225.0
23	Graham Saxton	1009.6	46	Chloe Brennan	223.3
24	Thomas Cleverley	1003.2	47	Brian Heyburn	219.7

Here's the Leg 4 results with 38 lifters and 15 teams. Welcome to Chloe Brennan who now lifts with the Powerhouse teams.

Recognition to Mark Haydock, Andy Murtagh & Webster Reed for the top 3 in the Press; Steve Sherwood, Steve Andrews & Harry McCulloch for top 3 in the Snatch; , Mark Haydock, Andy Murtagh & Steve Sherwood for the top 3 in the C&J; Steve Andrews, Andy Murtagh & Mark Haydock. Top 3 in the Olympic Total were Mark Haydock, Steve Sherwood & Steve Andrews.

Top 3 teams of this leg were again Powerhouse1, Granby Grippers & Powerhouse1 & so continue to be the top 3 teams overall. Again individually Mark Haydock, Andy Murtagh & Steve Andrews are still top 3 but Mark is now 1<sup>st</sup> again, Andy is back to 2<sup>nd</sup> place.

We now wait to see if these positions are maintained in leg 5. See next page for Olympic totals.

Leg 4 continued:

OLYMPIC TOTALS 2015			Age	CLASS	Press	Snatch	Clean & Jerk	TOTAL	TOTAL
NAME			Class	Kilos	KILOS	KILOS	KILOS	KILOS	POINTS
Mark Haydock	M	40+	115	110.0	92.5	92.5	130.6	333.1	269.9
Steve Sherwood1	M	60+	80	65.0	65.0	65.0	75.0	205.0	253.7
Steve Andrews	M	55+	70	65.0	62.5	62.5	70.0	197.5 <sup>BR</sup>	251.9
Webster Reed	M	40+	125+	115.5	65.0	65.0	110.5	291.0	240.8
Pete Tryner	M	40+	95	92.5	70.0	70.0	100.0	262.5	238.0
Clive Madge	M	65+	105	75.5	65.5	65.5	75.5	216.5	237.6
Philippe Crisp	M	45+	105	87.5	83.0	83.0	90.0	260.5 <sup>BR</sup>	234.9
Josh Davidson	M	Open	110	90.0	82.5	82.5	110.0	282.5 <sup>BR</sup>	234.8
Harry McCulloch	M	Open	85	60.4	80.4	80.4	105.4	246.2	231.9
Andy Murtagh	M	45+	95	87.9	60.4	60.4	85.4	233.7	230.4
Rory Hoad1	M	Open	80	78.0	65.5	65.5	85.5	229.0	227.1
Jevan Cockbain	M	16-17	80	62.9	57.5	57.5	80.0	200.4	224.2
Luke Davis	M	Open	75	67.5	62.5	62.5	82.5	212.5	217.6
James Gardner	M	Open	95	77.5	70.0	70.0	95.0	242.5	214.0
Paula Thompson	F	40+	50	35.0	33.0	33.0	45.0	113.0 <sup>BR</sup>	207.8
Sam Hills	M	50+	85	59.0	56.0	56.0	72.0	187.0	204.9
Matt Jones	M	18-19	125	77.5	75.0	75.0	95.0	247.5 <sup>BR</sup>	203.7
Nick Swain	M	50+	85	65.0	50.0	50.0	72.5	187.5	197.1
Joe Morris1	M	Open	80	60.5	50.5	50.5	85.5	196.5	193.0
Jeff Luther	M	55+	75	50.4	45.4	45.4	55.4	151.2	192.0
Adrian Pryor1	M	40+	85	60.5	60.5	60.5	65.5	186.5	185.5
Paul Barette1	M	Open	70	53.0	50.5	50.5	70.5	174.0	185.1
Jenn Tibbenham	F	Open	105	50.0	55.0	55.0	55.0	160.0 <sup>BR</sup>	183.2
Mark Rattenberry	M	50+	65	50.0	40.0	40.0	52.5	142.5	181.2
Thomas Cleverley	M	Open	80	60.0	50.0	50.0	75.0	185.0	178.9
Chloe Brennan	F	18-19	75	37.5	37.5	37.5	47.5	122.5 <sup>BR</sup>	169.6
Ed Shorttle	M	55+	80	50.5	40.5	40.5	50.5	141.5	169.2
Trevor Evans1	M	70+	80	40.0	39.1	39.1	45.4	124.5	168.4
Ryan Burchett1	M	Open	105	65.5	60.5	60.5	70.5	196.5	165.9
Mark Shaw1	M	50+	80	45.0	42.5	42.5	55.0	142.5	163.0
Steve Moss	M	Open	100	57.5	52.5	52.5	72.5	182.5	158.0
Graham Saxton	M	50+	125	55.0	47.5	47.5	65.0	167.5	153.4
James Rampton1	M	45+	90	55.5	43.0	43.0	55.5	154.0	149.1
Dion Maynard	M	16-17	85	50.0	30.0	30.0	47.5	127.5 <sup>BR</sup>	138.7
Karen Gardner	F	55+	75	27.5	25.0	25.0	30.0	82.5 <sup>BR</sup>	126.7
Natalie Voce1	F	Open	90	33.0	28.0	28.0	38.0	99.0	121.1
Jenny Watson	F	45+	60	25.5	18.0	18.0	25.5	69.0	120.6
Candice Morris1	F	Open	55	20.0	18.0	18.0	25.5	63.5	111.6

Chris