

# 2021 IAWA WORLD POSTAL CHAMPIONSHIPS ENTRY FORM

## *“The Andy Goddard Memorial”*

DUE DATE FOR ENTRY IS AUGUST 31<sup>st</sup> – LIST RESULTS IN KILOGRAMS – RECORD BEST LIFT ONLY – RECORD ARM USED

LIFTS: Clean and Press, 1H Snatch, Power Row, 1H Deadlift

PLEASE REFER TO WORLD POSTAL CHAMPIONSHIPS INFORMATION SHEET FOR RULES OF THE COMPETITION

CLUB: \_\_\_\_\_ DATE OF LIFTS: \_\_\_\_\_

LIFTER	AGE	BWT	Clean&Press	1H Snatch	Power Row	1H Deadlift	OFFICIALS