

The IAWA (UK) British Disability Championships

Promoters: Steve Gardner and Neil Keddy – Venue : Port Talbot, Wales. – Sunday 26th September

Lifter	Bwt	Age	2"Bar C&Press	Crucifix	Deadlift	Total Amend	Titles
Standing Disabled – Female							
Hayley Quinn	78.5	23	45	15	110	170 220.0	Open 80k Champion
Angharad P-Jones	93.0	28	20	15	90	125 146.5	Open 95k Champion
Standing Disabled – Male							
Sam Mackrell	110.3	33	95	35	225	355 285.7	Open 115k Champion
Daffyd Humphreys	113.0	37	85	35	230	350 278.2	Open 115k R/Up
John Samuel	180.0	23	82.5	40	215	337.5 215.8	Open 125k Champion
Seated Disabled – Female							
Michelle Barette	69.2	47	22.5	10	117.5	150 222.7	M/Op 70k Champion
Steffie Stead	119.0	43	32.5	15	120	167.5 177.7	M/Op 120k Champion
Seated Disabled - Male							
Gary Clark	87.8	44	65	25	200	290 277.1	M/Op 90k Champion

BEST LIFTER AWARDS

Best Standing Female – Hayley Quinn

Best Standing Male – Sam Mackrell

Best Seated Female – Michelle Barette

Best Seated Male – Gary Clark

This was a first time event for IAWA(UK) and the result was a great days lifting, in a super charged atmosphere. I think everyone present felt very pleased to be a part of something which felt quite special. The standard of lifting was really outstanding with superb performances by all, several of whom had not lifted in competition before. A big well done to everyone involved in organising the day: the promoters, officials, lifters and loaders, and thank you to you all for taking part in this ground breaking event! (I really hope that the lifters and officials enjoyed the day and left with a good feeling that together we had achieved something)