

2021 IAWA World Championships

October 2nd, 2021

Habecker's Gym

Lebanon, PA, USA

Meet Director: Denny Habecker

Meet Announcer: Al Myers

Meet Scorekeeper: Judy Habecker

Meet Officials (3-Official System Used): Denny Habecker, Barry Pensyl, Dave DeForest, Randy Smith, Al Myers

Meet Loaders: Terry Barlet and Lou Tortorelli

Meet Caterer: Judy Habecker

Meet Photographer: Lou Tortorelli

Lifts: Clean and Press, Snatch – One Arm, Bent Over Row, Deadlift – One Arm, Curl – Cheat, Pullover and Push, 2" x 2 bar Vertical Deadlift

WOMEN

LIFTER	AGE	BWT	C&P	Sn1	Row	DL1	CC	P&P	VB	TOT	PTS
Beth Skwarecki	40	68.3	42.5▲	30.0 L▲	47.5	90.0 L▲	50.0▲	77.5▲●	90.0▲	427.7	459.1

EXTRA ATTEMPTS FOR RECORD

Beth 2x2"VB 100.5▲●

MEN

LIFTER	AGE	BWT	C&P	Sn1	Row	DL1	CC	P&P	VB	TOT	PTS
Randy Smith	67	89	52.5	37.5 L	85.0	120.0 R	65.0	87.5	145.0▲	592.5	695.8
Denny Habecker	79	84.3	42.5	22.5 R	80.0▲	95.0 R	45.0	77.5	100.0▲	462.5	663.7
Barry Pensyl	73	64.3	35.0	22.5 L	65.0▲	80.0 R	40.0▲	60.0▲	75.0▲	377.5	593.1
Dave DeForest	61	88.8	57.5	37.5 R	85.0	102.5 R	65.0	85.0	102.5▲	535.0	590.3
Aidan Habecker	18	91.3	45.0	35.0 R▲	65.0▲	110.0 R	55.0	80.0	145.0▲	535.0	490.7
Al Myers	55	103.7	—	—	—	—	—	—	145.0▲	145.0	—

EXTRA ATTEMPTS FOR RECORD

Randy 2×2"VB 150.0▲

Denny 2×2"VB 105.0▲

Aidan 2×2"VB 150.0▲

Notes: R and L designate right and left arms, any weights in pounds have been corrected to kilos

▲ = World Junior/Masters record; ● = World Open record