

The Shanks Lift Challenge – 6th November 2021

Gold Cup – Lansdowne Hotel Belfast, Northern Ireland

Lifter	M/F	Age	BWT	Max Lift	Lynch	Age/Sex%	Amend
Paul Barette	M	45	70.5	288.75▲	1.0402	6	318.39
Steve Andrews	M	62	67.1	210	1.0748	23	277.62
Gary Ell	M	50	90.3	271.25▲●	0.8959	11	269.74
Maddie Ell	F	26	53.7	140●	1.2650	33	235.54
Paul Hallam	M	42	92.2	245▲	0.8855	3	223.46
Graham Saxton	M	59	121.7	218.75	0.7660	20	201.09
Brandon Hazell-Hyland	M	19	77.2	183.75▲	0.9823	2	184.10

Announcer / Recorder – Steve Gardner

Referees – Gary Ell, Stevie Shanks, Steve Andrews, Graham Saxton

In the Presence of Jack Shanks

▲ = World Junior/Masters record; ● = World Open record