

IAWA (UK) Bob Smith All Round Postal League 2022 – Leg 1 - compiled by Chris Bass.

Ranking of Teams

1	Sunbury1	Andy Murtagh, Max Herd, Ian Dixon	950.4
2	Granby	Steve Andrews, Mark Godleman, Daniel Andrews	854.6
3	Metamorf1	Danny Kingsland, Paul Barette, Sam Bonar	800.5
4	Sunbury2	Jeff Luther, Jacik Szast, Tom Headford	757.9
5	Metamorf2	Beata Banas, Olga Holcakova, Khevane Byroo	737.9
6	Haven Hobgoblins	Terry Morris, Wayne Pawson, Tony Cook	683.5
7	Metamorf3	Brandon H-Hyland, Harry Fisher, Natalie Voce	641.0
8	Keds1	Frannie Osborne-Keddy, Dean Davies, Kingston Williams	565.8
9	2 Bro	Glenn Branch, Stephen Brooker	564.2
10	Metamorf4	Lara Bennett, Trevor Egglestone, Maria Bennett	552.3
11	Haven Harlots	Jamie Fox, Mick Phillips	503.7
12	Keds2	John Charles Samuel, Carson Williams, Luke O-Keddy	395.9
13	Twyford Celts	Max Ell, Sonya Coles	338.4
14	Sunbury3	Trevor Evans, Jack Taylor	249.0
15	Metamorf5	Ailen Voce	146.0

Ranking of Lifters

1	Steve Andrews	384.9	21	Brandon H-Hyland	223.1
2	Andy Murtagh	360.7	22	Harry Fisher	217.6
3	Max Herd	301.6	23	Daniel Andrews	210.7
4	Glenn Branch	296.5	24	Frannie Osborne-Keddy	207.1
5	Ian Dixon	288.1	25	Natalie Voce	200.3
6	Danny Kingsland	281.5	26	Lara Bennett	196.2
7	Tony Cook	279.5	27	Dean Davies	196.2
8	Stephen Brooker	267.7	28	Trevor Egglestone	194.4
9	Jeff Luther	266.9	29	Max Ell	188.7
10	Paul Barette	260.5	30	Terry Morris	170.2
11	Mark Godleman	259.0	31	Kingston Williams	162.5
12	Sam Bonar	258.5	32	Maria Bennett	161.7
13	Jacik Szast	258.2	33	John Charles Samuel	157.7
14	Jamie Fox	257.4	34	Sonya Coles	149.7
15	Beata Banas	255.3	35	Ailen Voce	146.0
16	Olga Holcakova	254.9	26	Trevor Evans	139.8
17	Mick Phillips	246.3	37	Carson Williams	134.3
18	Wayne Pawson	233.8	38	Jack Taylor	109.3
19	Tom Headford	232.9	39	Luke Osborne-Keddy	104.0
20	Khevane Byroo	227.7			

Ranking of Lifters per Lift & Record Breakers. Dumbbell Press

Lifter	Age	%	Class	Kilos	Points
Andy Murtagh	55+	17	90	75.7▲	94.6
Steve Andrews ¹	60+	24	70	60.0	93.4
Ian Dixon	Open	0	100	85.0	85.1
Jacik Szast	40+	2	105	80.0	80.6
Wayne Pawson	55+	16	90	64.5	79.6
Tony Cook ¹	85+	68	85	42.5	78.4
Tom Headford ¹	Open	0	125+	90.0	76.9
Max Herd	Open	0	85	70.0	76.5
Danny Kingsland ¹	Open	0	65	55.0	71.6
Mick Phillips	50+	13	100	62.0	70.5
Glenn Branch ¹	Open	0	95	65.4	67.1
Stephen Brooker ¹	Open	0	85	60.4	65.6
Jamie Fox	Open	0	85	59.0	64.5
Beata Banas ¹	Open	33	75	40.0	63.9
Mark Godleman	55+	21	110	55.0▲	63.9
Sam Bonar ¹	Open	0	95	60.0	62.8

▲ World Junior/Masters, ● World Open, ^{BR}British, ¹Single Ref Dumbbell C&J

Lifter	Age	%	Class	Kilos	Points
Steve Andrews ¹	60+	24	70	65.0	109.8
Andy Murtagh	55+	17	90	75.7▲	102.6
Ian Dixon	Open	0	100	90.0	97.7
Tom Headford ¹	Open	0	125+	100.0	92.6
Glenn Branch ¹	Open	0	95	80.4	89.5
Jamie Fox	Open	0	85	74.0	87.8
Tony Cook ¹	85+	68	85	43.5	87.0
Wayne Pawson	55+	16	90	62.0	83.0
Stephen Brooker ¹	Open	0	85	70.4	83.0
Max Herd	Open	0	85	70.0	83.0
Beata Banas ¹	Open	33	75	45.0	78.0
Danny Kingsland ¹	Open	0	65	55.0	77.7
Olga Holcakova ¹	Open	33	65	40.0	76.6
Jacik Szast	40+	2	105	70.0▲	76.5
Paul Barette ¹	45+	7	75	55.0	75.9
Mick Phillips	50+	13	100	57.0	70.3

Brandon H-Hyland	Open	0	80	55.0	62.4	Sam Bonar ¹	Open	0	95	60.0	68.2
Trevor Egglestone	70+	40	105	45.0▲	61.0	Brandon H-Hyland	Open	0	80	55.0	67.7
Khevane Byroo	Open	0	85	55.0	59.7	Mark Godleman	55+	21	110	52.5▲	66.2
Jeff Luther	65+	30	75	37.6	59.6	Khevane Byroo	Open	0	85	55.0	64.8
Paul Barette ¹	45+	7	75	45.0	57.2	Jeff Luther	65+	30	75	37.6	64.6
Natalie Voce ¹	Open	34	90	40.0	56.7	Lara Bennett ¹	16-17	43	60	30.0	64.2
Dean Davies ¹	40+	2	125	60.0	54.2	Harry Fisher ¹	Open	0	110	60.0	62.0
Frannie O-Keddy ¹	13&U	66	40	15.0	53.6	Daniel Andrews	Open	0	80	50.0	61.1
Olga Holcakova ¹	Open	33	65	30.0	52.9	Dean Davies ¹	40+	2	125	60.0	58.8
Harry Fisher ¹	Open	0	110	55.0	52.4	Frannie O-Keddy ¹	13&U	66	40	15.0	58.2
Daniel Andrews	Open	0	80	45.0	50.7	Max Ell ¹	Open	33	55	26.0	56.6
Lara Bennett ¹	16-17	43	60	25.0	49.4	Terry Morris ¹	65+	30	110	42.0	56.1
John Chas Samuel ¹	Open	0	125+	60.0	46.7	Natalie Voce ¹	Open	34	90	35.0	53.8
Maria Bennett	60+	55	100	30.0▲	46.3	Trevor Evans ¹	75+	52	80	20.0	46.4
Max Ell ¹	Open	33	55	22.0	44.2	Ailen Voce	13&U	33	30	10.0▲	44.5
Ailen Voce	13&U	33	30	10.0 ^{BR}	41.1	Sonya Coles ¹	40+	39	90	28.0	44.5
Sonya Coles ¹	40+	39	90	28.0	41.0	John Chas Samuel ¹	Open	0	125+	50.0	42.2
Terry Morris ¹	65+	30	110	32.5	40.0	Kingston Williams ¹	13&U	33	40	15.0	42.0
Kingston Williams ¹	13&U	33	40	15.0	38.7	Maria Bennett	60+	55	100	25.0▲	41.9
Trevor Evans ¹	75+	52	80	20.0	34.2	Jack Taylor ¹	Open	0	115	35.0	35.1
Jack Taylor ¹	Open	0	115	35.0	32.4	Carson Williams ¹	14-15	20	125	30.0	34.7
Carson Williams ¹	14-15	20	125	30.0	32.0	Trevor Egglestone	70+	40	105	20.0▲	29.4
Luke O-Keddy ¹	13&U	25	90	15.0	19.9	Luke O-Keddy ¹	13&U	25	90	15.0	21.6

Dumbbell Swing

Lifter	Age	%	Class	Kilos	Points
Steve Andrews ¹	60+	24	70	50.0	78.8
Andy Murtagh	55+	17	90	60.0	75.9
Wayne Pawson	55+	16	90	57.0	71.2
Olga Holcakova ¹	Open	33	65	37.5	67.0
Tony Cook ¹	85+	68	85	35.0	65.3
Jamie Fox	Open	0	85	59.0	65.3
Paul Barette ¹	45+	7	75	50.0	64.4
Jeff Luther	65+	30	75	40.0	64.2
Glenn Branch ¹	Open	0	95	60.4	62.8
Mark Godleman	55+	21	110	52.5▲	61.8
Max Herd	Open	0	85	55.0	60.9
Beata Banas ¹	Open	33	75	37.5	60.7
Mick Phillips	50+	13	100	51.5	59.3
Sam Bonar ¹	Open	0	95	55.0	58.3
Daniel Andrews	Open	0	80	50.0	57.0
Ian Dixon	Open	0	100	55.0	55.7
Stephen Brooker ¹	Open	0	85	50.4	55.5
Jacik Szast	40+	2	105	50.0▲	51.0
Lara Bennett ¹	16-17	43	60	25.0	50.0
Khevane Byroo	Open	0	85	45.0	49.5
Harry Fisher ¹	Open	0	110	50.0	48.2
Trevor Egglestone	70+	40	105	35.0▲	48.0
Danny Kingsland ¹	Open	0	65	35.0	46.1
Brandon H-Hyland	Open	0	80	40.0	46.0
Dean Davies ¹	40+	2	125	50.0	45.8
Max Ell ¹	Open	33	55	22.0	44.7
Terry Morris ¹	65+	30	110	35.0	43.6
Natalie Voce ¹	Open	34	90	30.0	43.0
Luke O-Keddy ¹	13&U	25	90	30.0	40.4
Kingston Williams ¹	13&U	33	40	15.0	39.2
Frannie O-Keddy ¹	13&U	66	40	10.0	36.2
Maria Bennett	60+	55	100	22.5▲	35.2
Ailen Voce	13&U	33	30	8.0▲	33.3
Sonya Coles ¹	40+	39	90	22.0	32.7

Crucifix

Lifter	Age	%	Class	Kilos	Points
Steve Andrews ¹	60+	24	70	40.0	102.9
Andy Murtagh	55+	17	90	42.4▲	87.6
Danny Kingsland ¹	Open	0	65	40.0	86.1
Max Herd	Open	0	85	45.0	81.3
Jeff Luther	65+	30	75	30.0▲	78.5
Glenn Branch ¹	Open	0	95	45.4	77.0
Sam Bonar ¹	Open	0	95	40.0	69.2
Mark Godleman	55+	21	110	35.0 ^{BR}	67.2
Stephen Brooker ¹	Open	0	85	35.4	63.6
Paul Barette ¹	45+	7	75	30.0	63.0
Frannie O-Keddy ¹	13&U	66	40	10.0	59.1
Olga Holcakova ¹	Open	33	65	20.0	58.3
Trevor Egglestone	70+	40	105	25.0 ^{BR}	56.0
Harry Fisher ¹	Open	0	110	35.0	55.1
Khevane Byroo	Open	0	85	30.0	53.8
Beata Banas ¹	Open	33	75	20.0	52.8
Jacik Szast	40+	2	105	30.0▲	50.0
Ian Dixon	Open	0	100	30.0	49.6
Tony Cook ¹	85+	68	85	16.0	48.8
Brandon H-Hyland	Open	0	80	25.0	46.9
Natalie Voce ¹	Open	34	90	20.0	46.8
Mick Phillips	50+	13	100	24.5	46.1
John Chas Samuel ¹	Open	0	125+	35.0	45.1
Max Ell ¹	Open	33	55	13.0	43.1
Kingston Williams ¹	13&U	33	40	10.0	42.6
Trevor Evans ¹	75+	52	80	15.0	42.4
Daniel Andrews	Open	0	80	22.5	41.9
Jamie Fox	Open	0	85	22.0	39.8
Maria Bennett	60+	55	100	15.0▲	38.3
Dean Davies ¹	40+	2	125	25.0	37.3
Tom Headford ¹	Open	0	125+	25.0	35.3
Carson Williams ¹	14-15	20	125	20.0	35.2
Lara Bennett ¹	16-17	43	60	10.0	32.6
Sonya Coles ¹	40+	39	90	13.0	31.5

Carson Williams ¹	14-15	20	125	30.0	32.4	Terry Morris ¹	65+	30	110	15.0	30.5
Tom Headford ¹	Open	0	125+	32.5	28.1	Ailen Voce	13&U	33	30	4.0▲	27.1
Trevor Evans ¹	75+	52	80	15.0	26.0	Jack Taylor ¹	Open	0	115	15.0	22.9
John Chas Samuel ¹	Open	0	125+	30.0	23.7	Luke O-Keddy ¹	13&U	25	90	10.0	22.0
Jack Taylor ¹	Open	0	115	20.0	18.7	Wayne Pawson	55+	16	90	0.0	0.0

Spencer Set		Age	CLASS	D/B Press	D/B C&J	D/B Swing	TOTAL	TOTAL
NAME		Class	Kilos	KILOS	KILOS	KILOS	KILOS	POINTS
Steve Andrews ¹	M	60+	70	60.0	65.0	50.0	175.0	282.0
Andy Murtagh	M	55+	90	75.7	75.7	60.0	211.4 ^{BR}	273.1
Ian Dixon	M	Open	100	85.0	90.0	55.0	230.0	238.5
Wayne Pawson	M	55+	90	64.5	62.0	57.0	183.5	233.8
Tony Cook ¹	M	85+	85	42.5	43.5	35.0	121.0	230.7
Max Herd	M	Open	85	70.0	70.0	55.0	195.0	220.3
Glenn Branch ¹	M	Open	95	65.4	80.4	60.4	206.2	219.4
Jamie Fox	M	Open	85	59.0	74.0	59.0	192.0	217.6
Jacik Szast	M	40+	105	80.0	70.0	50.0	200.0	208.2
Stephen Brooker ¹	M	Open	85	60.4	70.4	50.4	181.2	204.1
Beata Banas ¹	F	Open	75	40.0	45.0	37.5	122.5	202.5
Mick Phillips	M	50+	100	62.0	57.0	51.5	170.5 ^{BR}	200.2
Tom Headford ¹	M	Open	125+	90.0	100.0	32.5	222.5	197.6
Paul Barette ¹	M	45+	75	45.0	55.0	50.0	150.0	197.5
Olga Holcakova ¹	F	Open	65	30.0	40.0	37.5	107.5	196.5
Danny Kingsland ¹	M	Open	65	55.0	55.0	35.0	145.0	195.4
Mark Godleman	M	55+	110	55.0	52.5	52.5	160.0 ^{BR}	191.8
Sam Bonar ¹	M	Open	95	60.0	60.0	55.0	175.0	189.3
Jeff Luther	M	65+	75	37.6	37.6	40.0	115.2	188.3
Brandon H-Hyland	M	Open	80	55.0	55.0	40.0	150.0	176.2
Khevene Byroo	M	Open	85	55.0	55.0	45.0	155.0	173.9
Daniel Andrews	M	Open	80	45.0	50.0	50.0	145.0	168.8
Lara Bennett ¹	F	16-17	60	25.0	30.0	25.0	80.0	163.6
Harry Fisher ¹	M	Open	110	55.0	60.0	50.0	165.0	162.5
Dean Davies ¹	M	40+	125	60.0	60.0	50.0	170.0	158.8
Natalie Voce ¹	F	Open	90	40.0	35.0	30.0	105.0	153.5
Frannie O-Keddy ¹	F	13&U	40	15.0	15.0	10.0	40.0	148.0
Max Ell ¹	MX	Open	55	22.0	26.0	22.0	70.0	145.6
Terry Morris ¹	M	65+	110	32.5	42.0	35.0	109.5	139.7
Trevor Egglestone	M	70+	105	45.0	20.0	35.0	100.0 ^{BR}	138.4
Maria Bennett	F	60+	100	30.0	25.0	22.5	77.5BR	123.4
Kingston Williams ¹	M	13&U	40	15.0	15.0	15.0	45.0	119.9
Ailen Voce	M	13&U	30	10.0	10.0	8.0	28.0 ^{BR}	118.9
Sonya Coles ¹	F	40+	90	28.0	28.0	22.0	78.0	118.2
John Chas Samuel ¹	M	Open	125+	60.0	50.0	30.0	140.0	112.6
Carson Williams ¹	M	14-15	125	30.0	30.0	30.0	90.0	99.1
Trevor Evans ¹	M	75+	80	20.0	20.0	15.0	55.0	97.3
Jack Taylor ¹	M	Open	115	35.0	35.0	20.0	90.0	86.3
Luke O-Keddy ¹	M	13&U	90	15.0	15.0	30.0	60.0	82.0

Here's Leg 1 results of the resumption of the All Round League. Welcome to many new lifters from Metamorfit, Team Keddy from Wales, 2 Bro from Sussex & 2 new lifters from the Haven.

A big well done to all of the lifters for competing in the first leg of 2022.

Leg 2 lifts are: 1H Snatch, Continental C&J, Front Squat & Rectangular Fix.
To be completed by 30th March 2022.

Chris Bass.