

MIDLANDS ALL ROUND COMPETITION HELD IN GRIMSBY ON 12th MARCH 2022

NAME	BW Kilos	LYNCH	Age yr	Age %	Age Class	Weight Class	1H Barbell Snatch KILOS	Continental C&J KILOS	Front Squat KILOS	TOTAL KILOS *	TOTAL POINTS
Beata Banas	70.9	1.0364	38	33	Open	75	30.0	62.5 ●(4th=65 ●)	80.0	175 ^{BR}	197.9
Steve Andrews	67.0	1.0759	62	23	60+	70	L40.0▲	67.5	85.0	192.5	219.3
Paul Barette	72.4	1.0225	46	7	45+	75	37.5	60.0	90.0	187.5	173.7
Matt Wells	74.0	1.0085	41	2	40+	75	L47.5	90.0	95.0	232.5	207.0
Terry Morris	106.5	0.8195	66	28	65+	110	25.0	50.0▲	50.0 ^{BR}	125 ^{BR}	113.4
Brandon Hazell-Hyland	77.5	0.9799	20	0	Open	80	35.0	65.0	90.0	190.0	155.9
Roger Davis	84.5	0.9306	52	13	50+	85	50.5▲	92.5 ^{BR}	150.0▲	292.5 ^{BR}	252.0
Ash West	118.5	0.7762	33	0	Open	120	55.0	102.5 ^{BR}	120.0	277.5	184.4
Rich Metcalf	109.2	0.8089	37	0	Open	110	60.0	135.5 ^{BR}	155.0	350.5 ^{BR}	236.5
Mark Haydock	110.7	0.8033	47	8	45+	115	62.5▲	110.0 ^{BR}	180.0▲	352.5 ^{BR}	252.1

▲ = Junior, masters World Record. ● = Open World record. ^{BR} = British record.
Barbell Snatches were RH unless indicated otherwise.

Referees: Tony Cook, Paul Barette, Steve Andrews, Mark Haydock & Chris Bass.

Loaders: The lifters.

MC: Chris Bass

Recorder: Chris Bass

My thanks go to all the lifters & the above helpers.

It was a good day's lifting with 10 lifters competing. Well done to Mark Haydock winning the Pete Ready (masters) trophy & Richard Metcalf winning the Bill Jelley (open) trophy.

* Aston Trophy Set