

BRITISH SINGLE ARM COMPETITION HELD IN PRESTON ON 13th AUGUST 2022

NAME	BW Kilos	LYNCH	Age yr	Age %	Age Div	Weight Class	1H Barbell Snatch KILOS	1H Barbell C&J KILOS	1H Deadlift KILOS	TOTAL KILOS	TOTAL POINTS
Matt Wells	73.5	1.0128	42	3	40+	75	L45.0	45.0	130.0 ^{BR}	220.0 ^{BR}	229.5
Anthony Parker	124.0	0.7590	30	0	Open	125	L40.0	47.5	150.0(4th = 160.0 ^{BR})	247.5 ^{BR}	180.3
Richard Caine	120.0	0.7714	38	0	Open	120	42.5	L35.0	135.0	212.5	163.9
Mark Haydock	105.0	0.8256	47	8	45+	105	0.0	0.0	170.0	170.0	151.6
Brandon Hazell-Hyland	83.0	0.9404	20	0	Open	85	L32.5	35.0	85.0	152.5	143.4

All lifts were right handed unless marked as left.

Referees: Chris Bass & Mark Haydock.

Loaders: Ray Dews, Mark Haydock & Brandon Hazell-Hyland.

Unfortunately owing to medical & financial reasons we were down to 4 lifters. But we were not put off and continued with the competition.

Overall winner for the George Dick Memorial Trophy: Matt Wells.

▲ = Junior, masters World Record. ● = Open World record. ^{BR} = British record.