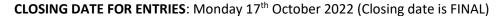
IAWA Gold Cup 2022 Venue: Crumlin Road Gaol Visitor Attraction and Conference

Centre, 53-55 Crumlin Road, Belfast, BT14 6ST Date: Saturday 5th November 2022

Entry Fee: £25.00 (Will include Trophy based on the theme 'Gold Cup' and an event T Shirt)

Weightlifting Timetable:

Weigh In: 9am to 10am Weightlifting Starts: 11am (Silver Cup entries (those not able to attempt World Records) lift first, followed by Gold Cup)





Required Information:
Name: AGE GROUP: AGE GROUP:
Address:
Membership Status: Current IAWA Member YES / NO : Please Circle (NOTE: Only Members can take part)
Weight Category:T Shirt Size:
1 st Choice Lift:Approx lbs / KG?
2 nd Choice Lift:Approx lbs / KG?
Home Phone Number: Mobile:
E-Mail:
Banquet & Awards Ceremony (Commencing 6.30pm)
£30.00 per head (3 Course Meal - Menu choices will be required in advance - See info sheet)
Venue: Crumlin Road Gaol Visitor Attraction and Conference Centre, 53-55 Crumlin Road, Belfast, BT14 6ST Tel: 028 9074 1500 Website: https://www.crumlinroadgaol.com
Number for meal:

Further Information: Contact joint promoters Stevie Shanks or Steve Gardner - email for all enquiries:

Stevie Shanks: Stevieshanks45@gmail.com Tel: 07818455573

Steve Gardner: steve Gardner: stevegardneruk@gmail.com Tel: 07960960509 or 01283 713464

To pay by Cheque: Cheques to be Made Payable to: Stevie Shanks

To pay by Bank Transfer: S&H Shanks, Ulster Bank Acc No 10285291 Sort Code 98-11-45

To pay by Paypal: Use E mail Address: Stevieshanks45@gmail.com

Send forms to: Stevie Shanks, 11 Delamont Park, Belfast BT6 9RJ (or via email)