

## IAWA (UK) – British Grip Championships - Saturday 12<sup>th</sup> Feb 2022

At Salmesbury near Preston – Promoter: Mark Haydock

Lifter	B/W	Age	Rim Lift	2H Pinch Lift	2"Bar Snatch	D/Bells D/Lift	Total	Amended
Max Ell	51.0	25	55●	30●	25●	75●	185	305.4
Joanne Smith	66.0	43	75▲●	40▲	20●	80▲	215	320.1
Paul Barette	70.5	46	90●	45●	45●	180●	360	400.7
Matt Wells	71.5	41	120●	60●	50●	140 <sup>BR</sup>	370	389.0
Gary Ell	88	51	100	45	45●	170	360	366.5
Dean Kent	94.0	35	120●	---	50	190	375	328.5
Peter Tryner	97.0	49	130▲●	65▲	65▲●	265▲●	525	497.3
Mark Haydock	106.0	46	142.5▲	80▲	70 <sup>BR</sup>	275▲	567.5	498.8
Matt Jones	127.0	26	100	80	70	240●	490	367.6

Successful 4<sup>th</sup> Attempts: Max Ell D/bells D/lift 80k● – Joanne Smith D/bells D/lift 90k▲

**Officials:** MC Announcer: Steve Gardner Recorder and Records: Chris Bass

**Referees:** Steve Gardner, Karen Gardner, Gary Ell, Paul Barette, Mark Haydock

Best MX Division Lifter: Max Ell

Best Female Lifter: Joanne Smith

Best Open Lifter: Matt Jones

Best Master Lifter: Mark Haydock

### Overall Champion of Champions Best Lifter Rankings:

1<sup>st</sup> Mark Haydock 498.8

2<sup>nd</sup> Peter Tryner 497.3

3<sup>rd</sup> Paul Barette 400.7

**Extra Lift:** At the conclusion of the event there was a record attempt by Peter Tryner who recorded a lift of 325.5 kilos in the Trap Bar Deadlift ▲●

**Records:** The results of the competition and the Trap Bar Deadlift Record attempt are now submitted to the records registrar for checking and authentication where successful!

▲ = World Junior/Masters record; ● = World Open record.