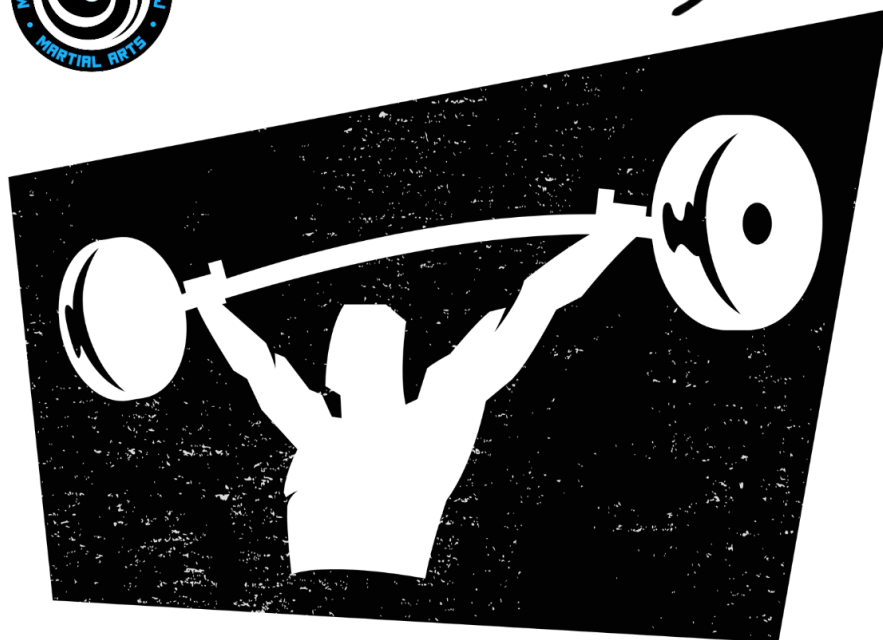




**2023**



# **IAWA World Championships**

**Bunbury, Australia**

**Information**

**Location:** [Bunbury](#), Western Australia

**Date:** September 30th and October 1st

**Venue:** Monster Martial Arts and Fitness - 3/48 McCombe Rd, Davenport WA 6230

**Promotor:** John Mahon

**Email:** [jfmahon@gmail.com](mailto:jfmahon@gmail.com)

**Entry Fee:** \$70 - T Shirt included in price

## **[Click Here For Entry Form](#)**

**Weigh in time from: 9am**

**Lift and rules information: 10:15**

**Lifting Starts at: 10:30**

### **Lifts:**

#### **Day 1 (30/9/23)**

- 1 hand dumbbell swing
- continental clean and jerk
- 1 hand 2" vertical lift
- 2 hand Ciavattone Deadlift

#### **Day 2 (1/10/23)**

- 2" Barbell snatch
- pullover and press
- straddle deadlift

## **Banquet:**

**Location:** Highway Hotel. Forrest Ave &, Spencer St, Bunbury WA 6230

**Price:** \$40

**Time:** 6:30pm

[Website](#)

Phone: (08)97214966

Accommodation

***There is a good variety of hotels and other accommodation to choose from in Bunbury***

## **Hotels**

[Local accommodation guide](#)

[Hotels combined](#)

## **Air B&B and other accommodation**

[Air B&Bs and accommodation](#)

[Rentals and Air B&Bs](#)

## Food and Entertainment

There is an abundance of food and entertainment options in Bunbury and the southwest. Bunbury is the gateway to some beautiful locations such as Margaret River, Busselton, Pemberton and so on. The coastline boast stunning beaches and with popular swimming, surfing and fishing spots in the area

[Prince of Wales Hotel](#)

[The Bayview Hotel](#)

[More places to eat](#)

[Bunbury](#)

[Busselton](#)

[Margaret River](#)

## World Committee Meeting

**Date:** Friday 29<sup>th</sup> September

**Time:** 6:30pm

**Venue:** TBA