

MIDLANDS ALL ROUND COMPETITION AND HELD IN GRIMSBY ON 4th MAY 2024

NAME	Aston Set										
	BW Kilos	LYNCH	Age yr	Age %	Age Div	Weight Class	1H Snatch KILOS	Cont C&J KILOS	Front Squat KILOS	TOTAL KILOS	TOTAL POINTS
Joshua Davidson	99.7	0.8485	33	0	Open	100	L 60	120.0	150.0	330.0	236.2
Matt Jones	144.0	0.7069	28	0	Open	125+	L 65 <sup>BR</sup>	152.5(4th=153●)	180.0	398 <sup>BR</sup>	233.6
Beata Banas	68.1	1.0642	40	34	40+	70	R 32.5(4th=35●▲)	70.5●▲	80▲	185.5 <sup>BR</sup>	219.8
Steve Andrews	66.0	1.0869	64	25	60+	70	R 36▲	60.0	75.0	171.0	199.4
Paul Hallam	98.3	0.8550	45	6	45+	100	R 45	90.0	125.0	260.0	196.0
Sam Bonar	90.6	0.8942	29	0	Open	95	R 50	95.0	110.0	255.0	195.8
Gary Redfern-Smith	109.3	0.8086	51	12	50+	110	L 35	80(4th=90 <sup>BR</sup> )	100 <sup>BR</sup>	225 <sup>BR</sup>	161.2
Paul Barette	76.0	0.9918	48	9	45+	80	R 35	52.5	80.0	167.5	155.3
James Rutter	90.0	0.8976	16	10	16-17	90	L 30▲	70 <sup>BR</sup>	85(4th=100 <sup>BR</sup> )	200.0	151.4
Emily Haydock	41.4	1.5995	10	66	13&U	45	R 12.5▲	22.5(4th=25 <sup>BR</sup> )	32.5(4th=35 <sup>BR</sup> )	72.5 <sup>BR</sup>	150.6
Mollie Redfern-Smith	65.8	1.0891	16	43	16-17	70	R 20	35▲	60▲	115 <sup>BR</sup>	147.5
Steve Sherwood	73.5	1.0128	72	40	70+	75			92.5(4th=100▲)	100.0	78.7

▲ = Junior, Masters World Record. ● = Open World Record. <sup>BR</sup> = British Record.

Emliy performed her Cont C&J as a C&J

Referees: Steve Gardner, Steve Andrews, Mark Haydock, Paul Barette & Steve Sherwood.

Loaders: The lifters.

MC: Steve Gardner

Recorder: Chris Bass