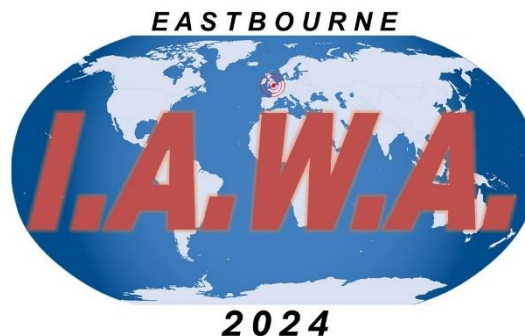


IAWA WORLD CHAMPIONSHIP

INFORMATION SHEET

5th & 6th OCTOBER 2024



Promoter: Paul Barette

Email: iawa@metamorfit.co.uk

Tel: +44(0)7710 659744

Sanctioned By: International All-Round Weightlifting Association (IAWA).

All participants **MUST** be members of an affiliated organisation.

(This will be a Drug Tested Event)

Entry Fee: £40 – see entry form for bank details and closing date.

Venue: The Main Hall (Auditorium)
The Turing School
Larkspur Drive
Langney
Eastbourne BN23 8EJ
'What 3 Words Precise Location' [///parade.trial.sentences](http://parade.trial.sentences)
<https://w3w.co/parade.trial.sentences>

Google Maps Location: <https://maps.app.goo.gl/etTDCf7cwoPzTxs8>

There is plenty of on-site car-parking and the pedestrian entrance will be signposted.

Weigh-In: Weigh-in will open at 8am with lifting starting at 10am (both days).

(You are only required to weigh-in on day 2 if attempting records).

Facilities: We will be providing basic refreshments (tea/coffee) and snacks to purchase like protein bars. Please bring lunch. Local shops are a short drive of no more than a couple of minutes.

Travel: The nearest train station is Hampden Park.

Buses are operated by 'Stagecoach'.

The area is well serviced by local taxi services.

Accommodation: The Premier Inn (Willingdon Drove) is within walking distance of the venue.

The Travel Lodge (Willingdon Drove) is within a short drive (2 mins) of the venue.

For in-town accommodation and tourist hotels please visit the local tourist information: <https://www.visiteastbourne.com/accommodation>

Banquet Information & Awards Presentations:

Sunday 6th October (arrive 7pm for 7.30pm dinner)

The Royal Sovereign Suite

Sovereign Harbour Yacht Club

3 Harbour Quay

Eastbourne

BN23 5QF

Parking – Free Parking available at the Waterfront Carpark – Post Code: BN23 5QB

Venue ‘What 3 Words Precise Location’ ///gifted.scarcely.stage <https://w3w.co/gifted.scarcely.stage>

Parking ‘What 3 Words Precise Location’ ///card.chip.danger <https://w3w.co/card.chip.danger>

Parking Google Maps Location: <https://maps.app.goo.gl/SBn3s3ZSszSRGxMCf9>



Cost: £38

Menu: A Three-course meal, with a bar open for purchasing drinks.

Menu options will be required by the closing date and will be shared soon.

Any dietary requirement not catered for, please contact the promoter for further information.

If required a children's menu can also be made available.