

# IAWA (UK) Bob Smith All Round Postal League 2025 – Leg 1 - compiled by Chris Bass.

## Ranking of Teams

1	Club 3B1	Michael Perry, Mark Elsdon, Glenn Branch	1116.5
2	PH Phoenix1	Chloe Brennan, Josh Davidson, Jamie Oates	1053.1
3	Metamorfit1	Sam Bonar, Beata Banas, Derek Prior	994.2
4	Club 3B2	Angela Joiner-Handy, Suzie Richards, Maxted Neale	984.9
5	Club 3B3	Erin Branch, George Johns, Danny Brumpton	916.2
6	PH Phoenix2	Chris Jones, Steve Moss, Paul Hallam	907.6
7	Metamorfit2	Thomas Meakin, Paul Barette, Trevor Egglestone	861.5
8	Twyford Celts	Gary Ell, Max Ell, Kristian Nichols	843.3
9	PH Phoenix3	Matt Jones, Leo Moss, Kayleigh Lamb	834.9
10	Club 3B4	Matt Johnson, Sam Lee, Natasha Schofield	814.5
11	Granby	Steve Andrews, Mark Godleman, Viv Andrews	813.1
12	Metamorfit3	Theo Prior, Brandon H-Hyland, Lara Bennett	761.7
13	Brighton Barbell	Ben Goodman, David Angrove,	654.5
14	Metamorfit4	Matt Ashdown, Natalie Voce, Jennifer Ashdown	645.2
15	Club 3B5	Anthony Chittock, Eve Webb, Zach Burge	565.2

## Ranking of Lifters

1	Michael Perry	381.3	23	Matt Jones	296.9
2	Mark Elsdon	369.1	24	Thomas Meakin	294.9
3	Chloe Brennan	368.9	25	Danny Brumpton	294.4
4	Glenn Branch	366.1	26	Leo Moss	293.6
5	Sam Bonar	349.7	27	Paul Barette	293.4
6	Gary Ell	347.0	28	Max Ell	290.2
7	Josh Davidson	346.5	29	Matt Johnson	287.1
8	Steve Andrews	343.6	30	Sam Lee	280.6
9	Angela Joiner-Handy	338.5	31	Trevor Egglestone	273.2
10	Jamie Oates	337.7	32	Theo Prior	262.8
11	Ben Goodman	334.9	33	Brandon H-Hyland	255.7
12	Beata Banas	333.6	34	Natasha Schofield	246.8
13	Suzie Richards	332.9	35	Anthony Chittock	245.6
14	David Angrove	319.7	36	Kayleigh Lamb	244.4
15	Maxted Neale	313.4	37	Lara Bennett	243.2
16	Erin Branch	312.3	38	Eve Webb	234.4
17	Derek Prior	310.9	39	Matt Ashdown	225.5
18	George Johns	309.5	40	Natalie Voce	209.9
19	Chris Jones	308.5	41	Jennifer Ashdown	209.7
20	Mark Godleman	303.5	42	Kristian Nichols	206.1
21	Steve Moss	301.6	43	Viv Andrews	166.0
22	Paul Hallam	297.5	44	Zach Burge	85.2

## Ranking of Lifters per Lift & Record Breakers. Clean & Press on Knees

## ▲ World Junior/Masters, ● World Open, <sup>BR</sup>British, <sup>1</sup>Single Ref 2x2" Vertical Bars

Lifter	Age	%	Class	Kilos	Points	Lifter	Age	%	Class	Kilos	Points
Mark Elsdon	40+	6	125+	105.3▲●	102.2	Michael Perry	55+	21	80	166.0▲●	118.6
Thomas Meakin <sup>1</sup>	70+	44	85	52.5	89.7	Gary Ell <sup>1</sup>	50+	15	90	167.5	103.5
Sam Bonar	Open	0	90	75.0	87.1	Leo Moss	13&U	33	50	90.0▲	100.1
George Johns	Open	0	95	75.3	85.7	Chloe Brennan	Open	33	80	127.5●	99.9
Matt Jones	Open	0	125+	95.0	85.0	Sam Bonar	Open	0	90	182.0●	98.3
Chloe Brennan	Open	33	80	50.0●	84.3	Angela Joiner-Handy	55+	50	55	85.0▲●	97.6
Glenn Branch	40+	3	100	72.8▲	83.3	Steve Moss	40+	4	95	180.0	97.1
Steve Andrews	65+	28	70	47.5▲	82.7	Suzie Richards	50+	46	65	100.0▲●	95.9
Maxted Neale	Open	0	125+	85.3	81.7	Mark Elsdon	40+	6	125+	212.0▲●	95.6
Josh Davidson	Open	0	95	72.5	81.4	Max Ell <sup>1</sup>	Open	33	50	90.0	95.6
Derek Prior	55+	18	85	57.5	81.3	Beata Banas <sup>1</sup>	40+	36	75	112.0	94.1
Jamie Oates	40+	1	110	75.0 <sup>BR</sup>	78.8	Josh Davidson	Open	0	95	180.0	93.9
Mark Godleman <sup>1</sup>	60+	24	110	60.0	78.0	David Angrove <sup>1</sup>	Open	0	85	167.0	92.9
David Angrove <sup>1</sup>	Open	0	85	65.0	77.8	Glenn Branch	40+	3	100	172.5▲	91.8
Michael Perry	55+	21	80	50.3 <sup>BR</sup>	77.3	Jamie Oates	40+	1	110	187.0	91.3

Clean & Press on Knees

Lifter	Age	%	Class	Kilos	Points
Beata Banas <sup>1</sup>	40+	36	75	42.5	76.8
Danny Brumpton	Open	0	125+	85.3	76.4
Paul Barette <sup>1</sup>	45+	10	80	55.0	75.7
Anthony Chittock	Open	0	125+	80.3	75.3
Ben Goodman <sup>1</sup>	Open	0	80	60.0	75.1
Chris Jones	40+	3	115	70.0 <sup>BR</sup>	72.9
Suzie Richards	50+	46	65	35.3▲	72.8
Sam Lee	40+	2	105	65.3 <sup>BR</sup>	72.0
Angela Joiner-Handy	55+	50	55	28.8▲	71.1
Matt Johnson	Open	0	120	70.3 <sup>BR</sup>	70.5
Gary Ell <sup>1</sup>	50+	15	90	53.0	70.4
Steve Moss	40+	4	95	60.0 <sup>BR</sup>	69.7
Paul Hallam	45+	7	105	60.0▲	69.1
Theo Prior	Open	0	80	55.0	68.7
Erin Branch	13&U	66	30	14.8▲	67.9
Lara Bennett	18-19	35	55	30.0▲●	64.6
Brandon H-Hyland	Open	0	85	52.5	64.2
Matt Ashdown	Open	0	105	60.0	63.8
Trevor Egglestone	70+	46	105	40.0▲	63.0
Natasha Schofield	Open	33	80	37.8	61.8
Natalie Voce <sup>1</sup>	40+	37	95	37.5	57.7
Max Ell <sup>1</sup>	Open	33	50	25.0	57.1
Leo Moss	13&U	33	50	22.5 <sup>BR</sup>	53.9
Kayleigh Lamb	Open	33	115	37.5●	51.2
Jennifer Ashdown	Open	33	80	27.5	46.4
Eve Webb	45+	40	85	26.3▲●	43.7
Zach Burge	13&U	33	65	20.3 <sup>BR</sup>	39.7
Viv Andrews <sup>1</sup>	60+	55	75	20.0	39.6
Kristian Nichols	Open	0	85	32.5	38.6

2x2" Vertical Bars

Lifter	Age	%	Class	Kilos	Points
Chris Jones	40+	3	115	180.0	87.2
Steve Andrews	65+	28	70	107.0▲	86.6
Paul Hallam	45+	7	105	160.0	85.6
Ben Goodman <sup>1</sup>	Open	0	80	147.0	85.6
Erin Branch	13&U	66	30	40.0▲	85.3
Lara Bennett	18-19	35	55	82.0▲	82.1
Eve Webb	45+	40	85	106.0▲●	81.8
Kayleigh Lamb	Open	33	115	127.0●	80.7
Trevor Egglestone	70+	46	105	109.5 <sup>BR</sup>	80.1
George Johns	Open	0	95	150.0	79.3
Sam Lee	40+	2	105	152.5 <sup>BR</sup>	78.2
Danny Brumpton	Open	0	125+	185.5	77.3
Matt Ashdown	Open	0	105	152.0	75.1
Natasha Schofield	Open	33	80	96.0	72.9
Mark Godleman <sup>1</sup>	60+	24	110	118.0	71.3
Maxted Neale	Open	0	125+	160.0	71.2
Derek Prior	55+	18	85	107.0	70.3
Matt Johnson	Open	0	120	150.0	69.9
Anthony Chittock	Open	0	125+	160.0	69.7
Jennifer Ashdown	Open	33	80	87.0	68.2
Brandon H-Hyland	Open	0	85	117.0	66.6
Matt Jones	Open	0	125+	160.0	66.5
Kristian Nichols	Open	0	85	120.0	66.3
Viv Andrews <sup>1</sup>	60+	55	75	60.0	55.2
Natalie Voce <sup>1</sup>	40+	37	95	77.0	55.1
Theo Prior	Open	0	80	92.0	53.4
Paul Barette <sup>1</sup>	45+	10	80	82.0	52.5
Thomas Meakin <sup>1</sup>	70+	44	85	62.0	49.2
Zach Burge	13&U	33	65	50.0	45.5

2" Bar Straddle

Lifter	Age	%	Class	Kilos	Points
Glenn Branch	40+	3	100	252.8▲●	113.1
Chloe Brennan	Open	33	80	150.5●	99.1
Mark Elsdon	40+	6	125+	260.3▲●	98.7
Ben Goodman <sup>1</sup>	Open	0	80	200.0	97.9
Michael Perry	55+	21	80	160.3	96.3
Beata Banas <sup>1</sup>	40+	36	75	135.0	95.4
Angela Joiner-Handy	55+	50	55	95.3▲●	92.0
Steve Andrews	65+	28	70	135.0▲	91.8
Jamie Oates	40+	1	110	218.0	89.5
Josh Davidson	Open	0	95	200.0	87.7
Paul Barette <sup>1</sup>	45+	10	80	160.0	86.1
Erin Branch	13&U	66	30	47.8▲	85.7
Suzie Richards	50+	46	65	105.8▲	85.3
David Angrove <sup>1</sup>	Open	0	85	180.0	84.2
Mark Godleman <sup>1</sup>	60+	24	110	165.0	83.8
Gary Ell <sup>1</sup>	50+	15	90	160.0	83.1
Derek Prior	55+	18	85	150.0▲	82.8
Maxted Neale	Open	0	125+	220.3	82.4
George Johns	Open	0	95	185.3	82.4
Sam Bonar	Open	0	90	180.0	81.7
Chris Jones	40+	3	115	200.0	81.4
Max Ell <sup>1</sup>	Open	33	50	90.0	80.3
Matt Johnson	Open	0	120	200.3	78.5
Trevor Egglestone	70+	46	105	125.0▲	76.9
Paul Hallam	45+	7	105	170.0 <sup>BR</sup>	76.5
Thomas Meakin <sup>1</sup>	70+	44	85	112.5	75.1
Leo Moss	13&U	33	50	80.0▲	74.8

Strict Curl

Lifter	Age	%	Class	Kilos	Points
Gary Ell <sup>1</sup>	50+	15	90	50.0	90.0
Michael Perry	55+	21	80	42.8▲	89.1
Chloe Brennan	Open	33	80	37.5	85.6
Josh Davidson	Open	0	95	55.0 <sup>BR</sup>	83.6
Sam Bonar	Open	0	90	52.5	82.6
Steve Andrews	65+	28	70	35.0▲	82.5
Thomas Meakin <sup>1</sup>	70+	44	85	35.0	80.9
Paul Barette <sup>1</sup>	45+	10	80	42.5	79.2
Suzie Richards	50+	46	65	28.3▲●	79.0
Jamie Oates	40+	1	110	55.0 <sup>BR</sup>	78.2
Maxted Neale	Open	0	125+	60.3	78.1
Glenn Branch	40+	3	100	50.3 <sup>BR</sup>	77.9
Angela Joiner-Handy	55+	50	55	23.3▲●	77.9
Derek Prior	55+	18	85	40.0	76.5
Ben Goodman <sup>1</sup>	Open	0	80	45.0	76.3
Erin Branch	13&U	66	30	11.8▲	73.3
Matt Jones	Open	0	125+	60.0 <sup>BR</sup>	72.7
Mark Elsdon	40+	6	125+	55.3▲	72.6
Mark Godleman <sup>1</sup>	60+	24	110	40.0	70.4
Matt Johnson	Open	0	120	50.3 <sup>BR</sup>	68.3
Theo Prior	Open	0	80	40.0	67.6
Beata Banas <sup>1</sup>	40+	36	75	27.5	67.3
Danny Brumpton	Open	0	125+	55.3	67.1
Chris Jones	40+	3	115	47.5 <sup>BR</sup>	67.0
Steve Moss	40+	4	95	42.5 <sup>BR</sup>	66.8
Paul Hallam	45+	7	105	42.5	66.3
Leo Moss	13&U	33	50	20.0▲	64.8

## 2" Bar Straddle

<u>2" Bar Straddle</u>					<u>Strict Curl</u>						
Lifter	Age	%	Class	Kilos	Points	Lifter	Age	%	Class	Kilos	Points
Danny Brumpton	Open	0	125+	210.3	73.6	David Angrove <sup>1</sup>	Open	0	85	40.0	64.8
Theo Prior	Open	0	80	150.0	73.2	Anthony Chittock	Open	0	125+	50.3	63.8
Matt Jones	Open	0	125+	208.0	72.7	George Johns	Open	0	95	40.3	62.1
Sam Lee	40+	2	105	162.8▲	70.2	Sam Lee	40+	2	105	40.3▲	60.2
Steve Moss	40+	4	95	150.0	68.1	Kayleigh Lamb	Open	33	115	32.5●	60.1
Lara Bennett	18-19	35	55	80.0▲	67.3	Natasha Schofield	Open	33	80	26.8	59.3
Brandon H-Hyland	Open	0	85	140.0	67.0	Brandon H-Hyland	Open	0	85	35.0	58.0
Natasha Schofield	Open	33	80	82.8	52.9	Matt Ashdown	Open	0	105	40.0	57.6
Kayleigh Lamb	Open	33	115	98.0●	52.3	Max Ell <sup>1</sup>	Open	33	50	18.5	57.2
Eve Webb	45+	40	85	80.3 <sup>BR</sup>	52.1	Eve Webb	45+	40	85	25.3▲	56.9
Jennifer Ashdown	Open	33	80	75.0	49.4	Trevor Egglestone	70+	46	105	25.0▲	53.3
Kristian Nichols	Open	0	85	105.0	48.8	Kristian Nichols	Open	0	85	32.5	52.3
Natalie Voce <sup>1</sup>	40+	37	95	75.0	45.1	Natalie Voce <sup>1</sup>	40+	37	95	25.0	52.1
Anthony Chittock	Open	0	125+	100.3	36.7	Jennifer Ashdown	Open	33	80	20.0	45.7
Viv Andrews <sup>1</sup>	60+	55	75	40.0	31.0	Viv Andrews <sup>1</sup>	60+	55	75	15.0	40.2
Matt Ashdown	Open	0	105	70.0	29.1	Lara Bennett	18-19	35	55	10.0▲	29.2
Zach Burge	13&U	33	65	0.0	0.0	Zach Burge	13&U	33	65	0.0	0.0

Here's Leg 1 results of year 2025 of the All Round League. A good start with 44 lifters & 15 teams. Welcome to team Brighton Barbellends & some new lifters from Club3B.

Top 3 lifters: Michael Perry, Mark Elsdon & Chloe Brennan. Top 3 teams: Club3B1, PH Phoenix1 & Metamorfit1.

A big well done to the rest of the lifters for competing in the first leg of 2025.

Leg 2 lifts are: Push Press (B31), Continental Snatch (B46), Jerk behind Neck from Racks (B33) & Rectangular Fix (E3).

To be completed by 30<sup>th</sup> March 2025.

Chris Bass.