



British Olympic & Single Arm Championships - 09 August 2025

Combined Supertotal for Champion of Champions

Name	Sex	Age & Sex %	Age Group	Weight Class	Lynch	Amended Points from Olympic	Amended Points from Single Arm	Super Total
Mark Haydock	M	11	50+	110KG	0.8247	235.73	256.33	492.07
Jack Somerville	M	0	Open	80KG	0.9715	272.03	211.31	483.34
Joshua Davidson	M	0	Open	95KG	0.8756	221.08	256.11	477.19
Steve Andrews	M	28	65+	70KG	1.0846	218.66	249.90	468.56
Rich Metcalf	M	1	40+	105KG	0.8256	225.13	216.79	441.93
Amy Proferes	F	44	50+	75KG	1.0008	194.56	234.20	428.76
Paul Hallam	M	7	45+	100KG	0.8503	177.42	220.64	398.07
Emily Haydock	F	66	13 & Under	55KG	1.3173	174.93	196.80	371.73
Chloe Brennan	F	33	Open	80KG	0.9878	266.03	105.10	371.13
Emily Watkinson	F	33	Open	80KG	0.9627	182.45	179.25	361.70
Pandora Holladay	F	33	Open	85KG	0.9562	168.51	190.76	359.27
Leo Moss	M	25	13 & Under	50KG	1.3603	148.78	144.53	293.31
Kayleigh Lamb	F	33	Open	110KG	0.8097	118.46	123.85	242.31
Thomas Meakin	M	44	70+	85KG	0.9287	230.68	0.00	230.68
Matt Jones	M	0	Open	125+KG	0.7497	0.00	224.91	224.91
Jamie Oates	M	1	40+	110KG	0.8207	0.00	186.50	186.50

Best One Hand Deadlift for the Frank Allen Memorial Cup

Name	Sex	Age & Sex %	Age Group	Weight Class	Max	Amend	Lynch	Amended Points
Steve Andrews	M	28	65+	70KG	112.5L	112.50	1.0846	156.19
Mark Haydock	M	11	50+	110KG	170R	170.00	0.8247	155.63
Amy Proferes	F	44	50+	75KG	105R	105.00	1.0008	151.33
Joshua Davidson	M	0	Open	95KG	170R	170.00	0.8756	148.85
Paul Hallam	M	7	45+	100KG	150R	150.00	0.8503	136.48
Rich Metcalf	M	1	40+	105KG	160L	160.00	0.8256	133.41
Emily Haydock	F	66	13 & Under	55KG	60R	60.00	1.3173	131.20
Pandora Holladay	F	33	Open	85KG	100R	100.00	0.9562	127.18
Jamie Oates	M	1	40+	110KG	147.5L	147.50	0.8207	122.26
Matt Jones	M	0	Open	125+KG	160R	160.00	0.7497	119.95
Jack Somerville	M	0	Open	80KG	115R	115.00	0.9715	111.73
Emily Watkinson	F	33	Open	80KG	75L	75.00	0.9627	96.03
Leo Moss	M	25	13 & Under	50KG	50L	50.00	1.3603	85.02
Kayleigh Lamb	F	33	Open	110KG	70R	70.00	0.8097	75.38