

2026 IAWA WORLD CHAMPIONSHIPS  
OCTOBER 3 & 4, 2026

Venue : Acernus Crossfit  
440 South 9<sup>th</sup> Street  
Lebanon, Pa. 17042

Meet Director: Denny Habecker  
637 North 11<sup>th</sup> Avenue  
Lebanon, Pa. 17046  
LIFTINGLIAR@COMCAST.NET

Please contact me at (717) 272-5077 or (717) 450-6648.

Weigh-in: 7:30 – 8:30 AM on Both Days  
Lifting will start at 9:30 AM

Divisions: All Divisions will be contested.  
Juniors, Woman, Masters, and Open

Entry Fee: \$75.00 {Entry fee includes meet shirt}  
Entry deadline is September 2, 2026  
{ Foreign Lifters pay on arrival}

Please make the check out to Denny Habecker.

Banquet: Blue Bird Inn -2387 Cornwall Road, Lebanon, Pa. 17042  
7 PM – Sunday – Order from the menu and pay your own.