2026 IAWA World Postal Championship "The Andy Goddard Memorial" August 31st 2026

Lifts: Snatch from Hang, Pullover & Push, Clean & Press Behind Neck, Ciavattone Deadlift

Results Compiled and Report by Paul Barette

This year we had 46 lifters compete from England, United States, Australia and Canada. This World Postal Championships is one of four events alongside theWorld Championships, the Gold Cup being and the Old Time Strongman World Postal, promoted by the International All-Round Weightlifting Association. I would personally like to thank everyone that participated and supported the memorial event in memory if our IAWA friend, Andy Goddard. As has been the tradition for the past few years, day one lifts of the forthcoming World Championships were contested.

Listed below is the main scoresheet (in no particular order), individual rankings, 3 person team rankings and club rankings.

The Overall Best Lifter was Chloe Brennan (Eng), followed by Josh Davidson (Eng) and RJ Jackson (USA).
The Overall Best 3-Person Team Went to Steve Gardner's Powerhouse Team - Chloe Brennan, Josh Davidson & Rebecca P-Peacock
The Overall Best Club went to Powerhouse Team with 8 Lifters.
The Overall Best Association went to IAWA(UK), with USAWA second and AWFA third.

The youngest lifters was Logan Wenzel at 11 years old. The oldest lifter was Denny Habecker at 83 years old.

The highest total weight lifted was by Matt Jones with 540kg!

If anyone notices any errors or omissions, please let me know so corrections can be made.

Thank you once again for supporting this great event!

World Postal - The Andy Goddard Memorial - 31 August 2026 -

										Scored using Total, Age & Sex%, Lynch						
										2 Hands Snatch from the Hang	Pullover and Push Press with Bridge	Clean and Press Behind Neck	Two Hands Ciavattone Deadlift			
Name	Club/Team	Organisation	Officials	Sex	Age	Age & Sex %	Age Group	Bwt	Weight Class	Max Lift KG	Max Lift KG	Max Lift KG	Max Lift KG	Total	Lynch	Amended
Julia Phillips	The Shed	AWFA	2	F	73	42	70+	67.3	70KG	10▲	30▲	20▲	75	135.00	1.0726	205.62
Nikki Ward	The Shed	AWFA	2	F	58	52	55+	84.0	85KG	10▲	30▲	20▲	67.5▲	127.50	0.9338	180.97
Melanie Deighton	The Shed	AWFA	2	F	54	48	50+	89.8	90KG	25	50▲	30▲	90▲	195.00	0.8987	259.36
Owen Webb	The Shed	AWFA	2	M	76	48	75+	69.2	70KG	15	25	27.5	80	147.50	1.0530	229.86
John Ross	The Shed	AWFA	2	M	67	30	65+	97.6	100KG	35	30	37.5▲	130	232.50	0.8583	259.42
Carseem Vlam	The Shed	AWFA	2	M	47	8	45+	106.5	110KG	40	60	50	130	280.00	0.8195	247.81
David Reeve	The Shed	AWFA	2	M	80	56	80+	73.1	75KG	30▲	65▲	37.5▲	110	242.50	1.0163	384.47
Sanjiv Gupta	High Country Vigour	USAWA	1	M	55	16	55+	93.4	95KG	49.9	63.5	52.5	152	317.90	0.8792	324.21
RJ Jackson	Clark's Gym	USAWA	1	F	64	58	60+	46.0	50KG	27.67	45.81	32.21	82.1	187.79	1.4443	428.52
Mark Rattenberry	Devonshire Dumplings	IAWA(UK)	1	M	64	25	60+	62.0	65KG	32.5	50	30	122.5	235.00	1.1352	333.46
Andy Price	Devonshire Dumplings	IAWA(UK)	2	M	39	0	Open	127.0	125+KG	60	50	60	167.5	337.50	0.7503	253.22
Gary Ell	Devonshire Dumplings	IAWA(UK)	2	M	55	16	55+	90.7	95KG	50▲	75[BR]	50	165▲	340.00	0.8937	352.46
Barry Bryan	Habecker's Gym	USAWA	1	M	68	32	65+	78.4	80KG	42.5	80	55	151	328.50	0.9730	421.93
Barry Pensyl	Habecker's Gym	USAWA	1	M	78	52	75+	55.0	55KG	19	45	25	82.5	171.50	1.2413	323.58
Denny Habecker	Habecker's Gym	USAWA	1	M	83	62	80+	78.4	80KG	25	65	33	100	223.00	0.9730	351.52
Jessica Hopps	Franks Barbell Club	USAWA	2	F	42	36	40+	75.0	75KG	28	39	27	91	185.00	1.0000	251.60
Dan Jones	Franks Barbell Club	USAWA	2	M	42	3	40+	95.0	95KG	60	103	64	155	382.00	0.8710	342.71
Wade Marchand	Franks Barbell Club	USAWA	2	M	57	18	55+	75.0	75KG	36	71	45	125	277.00	1.0000	326.86
Nils Larson	Franks Barbell Club	USAWA	2	M	67	30	65+	110.0	110KG	39▲	101▲	45▲	133	318.00	0.8059	333.17
Frank Ciavattone	Franks Barbell Club	USAWA	2	M	71	38	70+	120.0	120KG	34▲	61▲	27▲	114	236.00	0.7714	251.22
Natalie Collins	Franks Barbell Club	USAWA	2	F	19	35	18-19	82.0	85KG	25▲	35▲	30▲●	91▲	181.00	0.9472	231.44
Anthony Diflamines	Franks Barbell Club	USAWA	2	M	15	15	14-15	100.0	100KG	37▲	50▲	36	105	228.00	0.8471	222.12
Jeff Wenzel	Clark's Gym	USAWA	2	M	51	12	50+	105.9	110KG	63.6	118.2	72.7	170.5	425.00	0.8219	391.22
Tony Lupo	Clark's Gym	USAWA	2	M	60	21	60+	110.7	115KG	50▲	100▲	63.6▲	136.4	350.00	0.8033	340.20
Riley Wenzel	Clark's Gym	USAWA	2	M	22	0	Open	68.6	70KG	52.3	90.9	34.1	147.7	325.00	1.0590	344.19
Travis Luther	Clark's Gym	USAWA	2	M	33	0	Open	76.4	80KG	50	70.5	61.4	159.1	341.00	0.9886	337.10
Lisa Gore	Clark's Gym	USAWA	2	F	61	55	60+	99.1	100KG	31.8▲●	45.5▲	36.4▲●	111.4▲	225.10	0.8513	297.01
Logan Wenzel	Clark's Gym	USAWA	2	M	11	33	13 & Under	39.5	40KG	10▲	15	10	45.5	80.50	1.6800	179.87
Sylvia Stockall	Clark's Gym	USAWA	1	F	68	65	65+	72.0	75KG	25	60	25	90	200.00	1.0262	338.64
Paul Barette	MetamorFIT	IAWA(UK)	1	M	50	11	50+	74.2	75KG	45	85	42.5	100	272.50	1.0067	304.52
Natalie Voce	MetamorFIT	IAWA(UK)	1	F	44	38	40+	83.0	85KG	32.5	65	35	70	202.50	0.9404	262.80
Jay Webb	MetamorFIT	IAWA(UK)	1	M	29	0	Open	81.9	85KG	47.5	70	52.5	130	300.00	0.9478	284.35
Anja Pullen	MetamorFIT	IAWA(UK)	2	F	37	33	Open	97.6	100KG	20[BR]	42.5	30.5[BR]	80	173.00	0.8583	197.48
Adrian Pryor	MetamorFIT	IAWA(UK)	1	M	55	16	55+	86.5	90KG	42.5	70	50	140	302.50	0.9181	322.15
Matt Ashdown	MetamorFIT	IAWA(UK)	1	M	39	0	Open	100.2	105KG	62.5	110	67.5	140	380.00	0.8462	321.57
Derek Prior	MetamorFIT	IAWA(UK)	1	M	58	19	55+	88.5	90KG	35	60	50	130	275.00	0.9061	296.54
Oskar Henze-Jones	MetamorFIT	IAWA(UK)	1	M	19	2	18-19	64.0	65KG	40	55	42.5	102.5	240.00	1.1101	271.75
Chris Neumann	MetamorFIT	IAWA(UK)	2	M	34	0	Open	54.5	55KG	20●	32.5	20	66	138.50	1.2502	173.16
Chloe Brennan	Powerhouse	IAWA(UK)	2	F	30	33	Open	76.8	80KG	57.5[BR]	100	47.5●	150●	355.00	0.9854	465.25
Joshua Davidson	Powerhouse	IAWA(UK)	2	M	36	0	Open	93.6	95KG	80	150	75	200	505.00	0.8781	443.47
Rebecca Peacock	Powerhouse	IAWA(UK)	2	F	57	51	55+	52.0	55KG	32.5▲●	45	35▲●	100▲	212.50	1.2984	416.61
Matt Jones	Powerhouse	IAWA(UK)	2	M	30	0	Open	123.7	125KG	90[BR]	165	85	200[BR]	540.00	0.7599	410.37
Paul Hallam	Powerhouse	IAWA(UK)	2	M	47	8	45+	98.8	100KG	55[BR]	90	50	160[BR]	355.00	0.8527	326.91
Leo Moss	Powerhouse	IAWA(UK)	2	M	14	20	14-15	56.0	60KG	32.5▲	50	30	100	212.50	1.2240	312.13
Steve Moss	Powerhouse	IAWA(UK)	2	M	44	5	40+	97.5	100KG	50	80	57.5▲	160▲	347.50	0.8588	313.34
Chris Jones	Powerhouse	IAWA(UK)	2	M	42	3	40+	112.0	115KG	50	55	40	0	145.00	0.7985	119.26

Notes: All weights recorded in kilograms. BWT is Bodyweight in kilograms. Total is Total Kilograms Lifted. Amdended points adjusted for bodyweight, age and sex.
One Certified official is required for competition. Two/Three Certified Officials required for IAWA World Records. Where '2' indicated this will mean 2 or more officials.
▲= World Junior/Masters Record ●= World Open Record British Record = [BR]

Best Lifter Awards	
13 & Under	Logan Wenzel
14-15	Leo Moss
Open (20-39)	Chloe Brennan
40+	Dan Jones
45+	Paul Hallam
50+	Jeff Wenzel
55+	Rebecca Peacock
60+	RJ Jackson
65+	Barry Bryan
70+	Frank Ciavattone
75+	Barry Pensyl
80+	David Reeve

Top 10 Teams (Up to 3 Lifters Per Team)			
1	Powerhouse Team 1	1325.33	Chloe Brennan, Josh Davidson, Rebecca Peacock
2	Clark's Gym Team 1	1163.94	RJ Jackson, Jeff Wenzel, Riley Wenzel
3	Habecker's Gym	1097.02	Barry Bryan, Denny Habecker, Barry Pensyl
4	Powerhouse Team 2	1050.62	Matt Jones, Paul Hallam, Steve Moss
5	Clark's Gym Team 2	1015.94	Tony Lupo, Sylvia Stockall, Travis Luther
6	Frank's Barbell Club Team 1	1002.73	Dan Jones, Nils Larson, Wade Marchand,
7	MetamorFIT Team 1	948.24	Adrian Pryor, Matt Ashdown, Paul Barette
8	Devonshire Dumplings	939.14	Gary Ell, Mark Rattenberry, Andy Price
9	The Shed	903.25	David Reeve, John Ross, Melanie Deighton
10	MetamorFIT Team 2	852.64	Derek Prior, Jay Webb, Oskar Henze-Jones

Top 20 Individual Placings	
1	Chloe Brennan
2	Joshua Davidson
3	RJ Jackson
4	Barry Bryan
5	Rebecca Peacock
6	Matt Jones
7	Jeff Wenzel
8	David Reeve
9	Gary Ell
10	Denny Habecker
11	Riley Wenzel
12	Dan Jones
13	Tony Lupo
14	Sylvia Stockall
15	Travis Luther
16	Mark Rattenberry
17	Nils Larson
18	Paul Hallam
19	Wade Marchand
20	Sanjiv Gupta

Top 5 Clubs		
1	Powerhouse	2807.34
2	Clark's Gym	2656.76
3	MetamorFIT	2434.32
4	Frank's Barbell Club	1959.12
5	The Shed	1767.52